

Friday March 16, 2018 FREE! YOU are invited!

## HEALTHCARE PROFESSIONALS' MONTHLY TRAINING

Held Live 3<sup>rd</sup> Friday of Every Month ---Live at QCC or Online Webinar



Queen's Conference Center  
510 S Beretania St,  
Honolulu, HI 96813

12 Noon – 1:30 PM

**BRING YOUR LUNCH**



**Kathleen Rhoads Merriam,  
LSW--Speaker**

This Live Training approval for **1.5 CE CSAC hrs.** and/or **1.5 CE** with National Association of Social Workers-Hawaii Chapter and/or **1.5 hr.** for **CHES/MCHES, 1.5 CPEUs** for **RD/RDN/DTR** and/**1.5 CNEs** for nurses.

For more information,  
contact: **Camille Cristobal**  
[cuc@hawaii.edu](mailto:cuc@hawaii.edu)  
**(808) 627-5246**

## Recovery Approaches and Improving Attitudes for Success Living

**Friday, March 16, 2018, 12 pm to 1:30 pm**

Recovery Approaches for anyone includes a range of interventions, strategies, treatments, and individual behavior changes. The strengths approach helps many recovering individuals focus on improving their emotional wellbeing and attitudes about how they live their lives.

### Registration link:

[https://zoom.us/webinar/register/WN\\_x1PLMCq4Tfa1vr2snq73mA](https://zoom.us/webinar/register/WN_x1PLMCq4Tfa1vr2snq73mA)

### Guest Speaker:

**Kathleen Rhoads Merriam, LSW**, Director of Case Management and Recovery Support Services at Hawai'i Adult Mental Health Division, DOH

### Speaker Bio:

**Kathleen Rhoads Merriam, LSW**, has worked in mental health services for 34 years. She moved to Hawaii 14 years ago from New York City where she was the International Training Director at Fountain House, the largest psychosocial rehabilitation program for men and women with mental illness in the United States. She received her Bachelor's degree in Industrial Psychology from Western Washington University and her Master's Degree in Social Work from the University of Hawaii.

Her inspiration comes from living with Bipolar illness and her belief in the Recovery philosophy. Kathleen will share her perspective as a Consumer, Family Member, Licensed Social Worker, and an Administrator. Kathleen is the recipient of the Mental Health Outstanding Government Leader Award and the Department of Health Sustained Superior Performance Award. She is the Past President of the Rotary Club of Metropolitan Honolulu and an Advisor for National Alliance for Mental Illness Hawaii.

### Learning Objectives:

1. Examine various types of recovery approaches for different situations.
2. Discuss factors to improve emotional wellbeing and attitudes.
3. Examine success stories from DOH's Case Management and Program Support Services.

**Training Topic:**

# Recovery Approaches and Improving Attitude for Successful Living

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**Free Training—share with other**

**TO REGISTER for QCC and webinar GO TO:**

[https://zoom.us/webinar/register/WN\\_x1PLMCq4Tfa1vr2snq73mA](https://zoom.us/webinar/register/WN_x1PLMCq4Tfa1vr2snq73mA)

## Linking Professional Competencies:

- A. **Strategies.** Communicates and evaluates strategies for information to influence behavior and improve health (Primary--Domain 3: Communication Skills with 3A6, 3B6, & 3C6).
- B. **Problem-solving.** Determines the nature of a problem, identify potential solutions, implement an effective solution, and monitor and evaluate results (Domain 6: Leadership and System Thinking with 8A8, 8B8, & 8C8).
- C. **Program Management.** Advocate for program efforts by following the program/project planning and management steps with effective and efficient outcomes (Domain 8: Community Dimensions of Practice with 5A9, 5B10 & 5C10).



**Kathleen Rhoads Merriam,  
LSW--Speaker**

## Contact Information

Email Camille Cristobal [cuc@hawaii.edu](mailto:cuc@hawaii.edu) or call 808-627-5246 for help.

Recordings after the training can be found at: <https://www.youtube.com/user/vyontz1>

Continuing Nursing Education Information: 1.5 Contact Hours. The University of Arizona Continuing Nursing Education is an approved provider of continuing nursing education by the Western Multi-State Division, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

## WEBINAR Directions

Register using the Zoom link in this flyer. Once you register for the training, then you receive Zoom email. Each attendee's Zoom link has a unique URL to join the webinar room where you enter to view the slides and the audio can be heard through your computer. As you click the link to join the Zoom webinar, you will have to allow your computer to initially download (once only) the "Zoom launcher.exe" software file. This only needs to happen once if you allow your browser to "allow and remember" for future trainings. Be sure that your computer and browser have selected your headphones or speakers in order to hear the audio through your computer. If your computer audio does not work, the registration link also has a call-in phone number that you can use on your phone for the audio portion.



The Hawai'i Public Health Training Hui (HPHTH)-collaborative that offers ongoing continuing education to all healthcare professionals and community members working in Hawai'i to promote population health, social welfare, and well-being. The Hui and University of Hawai'i-Office of Public Health Studies are members of Western Region Public Health Training Center.

The Western Region Public Health Training Center [WRPHTC](#) has partnered with the National Coordinating Center for Public Health Training plus nine other Regional Public Health Training Centers, and 40 local performance sites across the nation to form the [Public Health Learning Network](#) (PHLN). The PHLN's goal is support healthcare workforce's educational and training needs and elevate the field of public health.

This project is supported by the Health Resources and Services Administration (HRSA) of the U.S. Department of Health and Human Services (HHS) under UB6HP27880 and Affordable Care Act (ACA) Public Health Training Centers. This information or content and conclusions are those of the author and should not be construed as the official position or policy of, nor should any endorsements be inferred by HRSA, HHS or the U.S. Government.

