

# Finding Help:

## A Human Services Directory

### For the State of Hawaii



**Helping Hawai'i Live Well**

Mental Health America of Hawai'i  
1136 Union Mall, Suite 510  
Honolulu, Hawaii 96813  
Phone: 808-521-1846  
Email: [info@mentalhealthhawaii.org](mailto:info@mentalhealthhawaii.org)  
[mentalhealthhawaii.org](http://mentalhealthhawaii.org)

Mental Health America of Hawai'i  
Maui County Branch  
95 Mahalani Street, Suite 5  
Wailuku, Hawaii 96793  
Phone: 808-242-6461  
Email: [maui@mentalhealthhawaii.org](mailto:maui@mentalhealthhawaii.org)



**Aloha,**

This May, 2018 edition of our *Finding Help: A Human Services Directory for the State of Hawai`i* would not have been possible without the monumental contribution of time and effort from our mental health partners and allies. We at Mental Health America of Hawai`i (MHAH) reached out to our community partners to create the most comprehensive resource for both professionals and the public. Several new categories were created to meet the growing landscape of human services in the state.

Since 1942, MHAH (previously called the Mental Health Association in Hawaii) has been dedicated to advocating for improved care and treatment of people with mental illness through program development, education, and advocacy. We have helped to launch major mental health organizations and change policy to improve the care and treatment of people with mental health conditions.

As our programs at MHAH continue to grow, keeping this *Services Directory* updated continues to be one of our proudest achievements to date. With this edition, we have brought the *Services Directory* into the mobile age with a fully searchable database through Kokua Life, our new suicide prevention mobile app. To download the app, simply visit [KokuaLife.org](http://KokuaLife.org).

At MHAH, we serve our community by promoting mental wellness through advocacy, education, and service. If you are seeking help, know that you are not alone and that we are here to help you connect.



Trisha Kajimura  
Executive Director  
Mental Health America of Hawai`i

***This Directory is provided to help you find community services and was prepared as completely and accurately as possible. Those seeking assistance are urged to ask each resource for complete information on the services offered. If you know of additional agencies/phone numbers/websites, corrections or suggestions, please contact us at 808-521-1846 or email: info@mentalhealthhawaii.org.***

***No endorsement is implied or intended for any agency or service on this list.***

*The printing of this Directory was generously donated by the Beta Beta Gamma Foundation.*

Updated May 2018

## Table of Contents

<b>Alcohol &amp; Drug Abuse Services .....</b>	<b>6</b>
<b>Anger Management Services .....</b>	<b>7</b>
<b>Bereavement &amp; Grief Support .....</b>	<b>8</b>
<b>Bilingual Services .....</b>	<b>9</b>
<b>Brain Injury / Stroke.....</b>	<b>9</b>
<b>Case Management Assessments .....</b>	<b>9</b>
<b>Case Management Providers .....</b>	<b>9</b>
<b>Child &amp; Adolescent Services .....</b>	<b>10</b>
<b>Clubhouses .....</b>	<b>13</b>
<b>Community Health Centers .....</b>	<b>14</b>
<b>Community Mental Health Centers (CMHC's).....</b>	<b>15</b>
<b>Consumer Advocacy Agencies .....</b>	<b>16</b>
<b>Counseling Programs.....</b>	<b>18</b>
<b>Day Treatment.....</b>	<b>18</b>
<b>Developmental Disabilities.....</b>	<b>18</b>
<b>Domestic Violence .....</b>	<b>19</b>
<b>Dual Diagnosis .....</b>	<b>20</b>
<b>Food Assistance .....</b>	<b>20</b>
<b>Elderly, Services for: See Senior Services.....</b>	<b>21</b>
<b>Health Insurance Providers/Plans .....</b>	<b>21</b>
<b>Homeless Shelters &amp; Services .....</b>	<b>23</b>
<b>Hospitals &amp; Medical Centers.....</b>	<b>24</b>
<b>Housing Information/Providers .....</b>	<b>25</b>
<b>Human and Sex Trafficking .....</b>	<b>26</b>
<b>Immigrant Services .....</b>	<b>26</b>
<b>Jail &amp; Prison Services.....</b>	<b>27</b>
<b>Job Training &amp; Placement.....</b>	<b>28</b>
<b>Legal Services .....</b>	<b>28</b>
<b>Lesbian/Gay/Bisexual/Transgender.....</b>	<b>29</b>
<b>Marriage &amp; Family Services .....</b>	<b>30</b>
<b>Mediation Services .....</b>	<b>30</b>

<b>Military Mental Health Services.....</b>	<b>30</b>
<b>Professional Organizations .....</b>	<b>31</b>
<b>Rent Assistance.....</b>	<b>31</b>
<b>Residential Treatment, Supportive Housing, Group Homes: Adults.....</b>	<b>32</b>
<b>Residential Treatment Programs: Children and Teens .....</b>	<b>32</b>
<b>Respite Services: Families, Children/Youth, and Adults .....</b>	<b>33</b>
<b>Senior Caregiver Support Services .....</b>	<b>33</b>
<b>Senior Services.....</b>	<b>34</b>
<b>Sex Abuse Treatment: Offenders .....</b>	<b>35</b>
<b>Sex Abuse Treatment: Victims .....</b>	<b>35</b>
<b>Sliding Scale Fee Agencies .....</b>	<b>36</b>
<b>Substance Abuse Services: see Alcohol and Drug Abuse .....</b>	<b>36</b>
<b>Support Groups: Consumers.....</b>	<b>36</b>
<b>Support Groups: Family.....</b>	<b>36</b>
<b>Suicide Crisis.....</b>	<b>37</b>
<b>National Suicide Prevention Lifeline .....</b>	<b>37</b>
<b>Suicide Prevention .....</b>	<b>37</b>
<b><i>Toll-free information switchboard to find any state agency phone number in Hawai'i:.....</i></b>	<b>37</b>
<b>National Mental Health Resources .....</b>	<b>38</b>
<b>Hawai'i 24 Hour Suicide Crisis Line.....</b>	<b>38</b>
<b>DEPRESSION SELF-SCREENING QUESTIONNAIRE.....</b>	<b>39</b>

## Alcohol & Drug Abuse Services

---

### O'AHU

Action with Aloha	808-484-4489	<a href="http://www.actionwithaloha.com">www.actionwithaloha.com</a>
Al-Anon Family Groups Hawaii	808-546-5647	<a href="http://www.al-anonhawaii.org">www.al-anonhawaii.org</a>
Alcohol & Drug Abuse Division (State Dept. of Health)	808-692-7506	<a href="http://health.hawaii.gov/substance-abuse">health.hawaii.gov/substance-abuse</a>
Alcoholics Anonymous Oahu Intergroup	808-946-1438	<a href="http://www.oahucentraloffice.com">www.oahucentraloffice.com</a>
CARE Hawaii	808-533-3936	<a href="http://www.carehawaii.info">www.carehawaii.info</a>
Coalition for a Drug-Free Hawaii	808-545-3228; 800-845-1946	<a href="http://www.drugfreehawaii.org">www.drugfreehawaii.org</a>
Habilitat (residential)	808-235-3691; 800-872-2525	<a href="http://www.habilitat.com">www.habilitat.com</a>
Hawaii Prevention Resource Center (Coalition for a Drug Free Hawai'i)	808-545-3228 Ext. 34	<a href="http://www.hiprc808.org">www.hiprc808.org</a>
Hina Mauka	808-236-2600	<a href="http://www.hinamauka.org">www.hinamauka.org</a>
Ho'omau Ke Ola – Main Line	808-696-4266	<a href="http://www.hoomaukeola.org">www.hoomaukeola.org</a>
Ho'omau Ke Ola – General Intake	808-696-3315	<a href="http://www.hoomaukeola.org">www.hoomaukeola.org</a>
Child and Family Services (Adolescent)	808-596-8433	<a href="http://www.childandfamilyservice.org">www.childandfamilyservice.org</a>
The Institute for Human Services	808-447-2800	<a href="http://www.ihshawaii.org">www.ihshawaii.org</a>
Ku Aloha Ola Mau	808-538-0704	<a href="http://www.kualoha.com">www.kualoha.com</a>
Narconon Hawaii	877-445-7113; 877-782-7409	<a href="http://www.narconon.org/drug-rehab/hawaii">www.narconon.org/drug-rehab/hawaii</a>
Narcotics Anonymous (NA) Hawai'i	808-734-4357	<a href="http://www.na-hawaii.org">www.na-hawaii.org</a>
PATH Clinic (for women)	808-791-9390; 808-922-4787	<a href="http://www.waikikihc.org/locations/path">www.waikikihc.org/locations/path</a>
Queen's Day Treatment Services	808-691-4352	<a href="http://queensmedicalcenter.org/day-treatment-services">http://queensmedicalcenter.org/day-treatment-services</a>
Salvation Army Addiction Treatment Services	808-595-6371	<a href="http://hawaii.salvationarmy.org/hawaii/rehabilitation">hawaii.salvationarmy.org/hawaii/rehabilitation</a>
Salvation Army Adult Rehabilitation Center	808-522-8400	<a href="http://hawaii.salvationarmy.org/hawaii/arc">hawaii.salvationarmy.org/hawaii/arc</a>
Salvation Army Family Treatment Services	808-732-2802	<a href="http://hawaii.salvationarmy.org/hawaii/rehabilitation">hawaii.salvationarmy.org/hawaii/rehabilitation</a>
Sand Island Treatment Center (Kline-Welsh)	808-841-2319; 808-841-3915	<a href="http://www.sandisland.com">www.sandisland.com</a>
Wai'anae Coast Community Mental Health Center (Hale Na'au Pono)	808-696-4211	<a href="http://www.wccmh.org">www.wccmh.org</a>
<b>KAUA'I</b>		
Al-Anon Family Groups Hawaii	888-669-5523	<a href="http://www.al-anonhawaii.org">www.al-anonhawaii.org</a>
Alcoholics Anonymous on Kauai	808-245-6677	<a href="http://www.kauaiaa.org">www.kauaiaa.org</a>
Ke Ala Pono Recovery Center	808-246-0663	<a href="http://www.mckennarecoverycenter.com">www.mckennarecoverycenter.com</a>
Narcotics Anonymous (NA) Hawai'i	808-212-0114	<a href="http://www.na-hawaii.org">www.na-hawaii.org</a>

**HAWAI‘I**

Al-Anon Family Groups Hawaii	808-935-0971	<a href="http://www.al-anonhawaii.org">www.al-anonhawaii.org</a>
Big Island Substance Abuse Council	808-969-9994	<a href="http://www.bisac.org">www.bisac.org</a>
Bridge House, Inc.	808-322-3305	<a href="http://www.bridgehousehawaii.org">www.bridgehousehawaii.org</a>
East Hawaii Intergroup of Alcoholics Anonymous (AA)	808-961-6133	<a href="http://easthawaiiaa.org">easthawaiiaa.org</a>
Ku Aloha Ola Mau - Hilo	808-961-6822	<a href="http://www.kualoha.com/locations/hilo">www.kualoha.com/locations/hilo</a>
Ku Aloha Ola Mau - Puna	808-982-9555	<a href="http://www.kualoha.com/locations/puna">www.kualoha.com/locations/puna</a>
Lokahi Treatment Centers Waikoloa Office	808-883-0922	<a href="http://www.lokahitreatmentcenters.net">www.lokahitreatmentcenters.net</a>
Lokahi Treatment Centers Honoka‘a Office	808-775-7707	<a href="http://www.lokahitreatmentcenters.net">www.lokahitreatmentcenters.net</a>
Lokahi Treatment Centers Hilo Office	808-969-9292	<a href="http://www.lokahitreatmentcenters.net">www.lokahitreatmentcenters.net</a>
Lokahi Treatment Centers Kona Office	808-331-1175	<a href="http://www.lokahitreatmentcenters.net">www.lokahitreatmentcenters.net</a>
Lokahi Treatment Centers Kohala Office	808-889-5099	<a href="http://www.lokahitreatmentcenters.net">www.lokahitreatmentcenters.net</a>
Narcotics Anonymous (NA) Hawai‘i	808-769-6016	<a href="http://www.na-hawaii.org">www.na-hawaii.org</a>
West Hawaii Alcoholics Anonymous	808-329-1212	<a href="http://www.westhawaiiaa.org">www.westhawaiiaa.org</a>
<b>MAUI</b>		
Al-Anon Family Groups Hawaii	808-242-0296	<a href="http://www.al-anonhawaii.org">www.al-anonhawaii.org</a>
Alcoholics Anonymous on Maui	808-244-9673	<a href="http://www.aamaui.org">www.aamaui.org</a>
Aloha House, Inc.	808-579-8414	<a href="http://www.aloha-house.org">www.aloha-house.org</a>
Malama Family Recovery Center	808-877-7117	<a href="http://malamafamilyrecovery.org/index.php/contact-us">malamafamilyrecovery.org/index.php/contact-us</a>
Maui Youth and Family Services, Inc. (Adolescent Services)	808-579-8414	<a href="http://myfs.org">myfs.org</a>
Narcotics Anonymous (NA) Hawai‘i	808-214-1239	<a href="http://www.na-hawaii.org">www.na-hawaii.org</a>
Ohana Makamae	808-248-8538	<a href="http://www.ohanamakamae.org">www.ohanamakamae.org</a>
<b>MOLOKA‘I</b>		
Al-Anon Family Groups Hawaii	808-646-0609	<a href="http://www.al-anonhawaii.org">www.al-anonhawaii.org</a>
Aloha House, Inc.	808-579-8414	<a href="http://www.aloha-house.org">www.aloha-house.org</a>
Ka Hale Pomaika‘i	808-558-8480	<a href="http://www.kahalepomaikai.org">www.kahalepomaikai.org</a>
Maui Youth and Family Services, Inc. (Adolescent Services)	808-579-8414	<a href="http://myfs.org">myfs.org</a>
Narcotics Anonymous (NA) Hawai‘i	808-214-1239	<a href="http://www.na-hawaii.org">www.na-hawaii.org</a>
<b>LĀNA‘I</b>		
Lāna‘i Outpatient Treatment Program	808-565-9566	<a href="http://www.aloha-house.org">www.aloha-house.org</a>

**Anger Management Services****O‘AHU**

Catholic Charities Hawai‘I – The Counseling Center	808-527-4470	<a href="http://www.catholiccharitieshawaii.org">www.catholiccharitieshawaii.org</a>
Child & Family Service	808-532-5100; 808-681-3500	<a href="http://www.childandfamilyservice.org">www.childandfamilyservice.org</a>
The Community Assistance Center	808-537-2917	<a href="http://www.cachawaii.org">www.cachawaii.org</a>
Hawai‘i Counseling and Education Center, Inc.	808-254-6484	<a href="http://www.hcechawaii.com">www.hcechawaii.com</a>

PACT - Family Peace Center	808-832-0855	<a href="http://www.pacthawaii.org/oahu_peace_center.html">www.pacthawaii.org/oahu_peace_center.html</a>
Queen's Medical Center - Outpatient Behavioral Health Services	808-691-4401	<a href="http://www.queensmedicalcenter.org/mental-health-services">www.queensmedicalcenter.org/mental-health-services</a>
<b>KAUAI</b>		
YWCA	808-245-5959	<a href="http://www.ywcakauai.org">www.ywcakauai.org</a>
<b>HAWAII</b>		
Child and Family Service - East Hawaii Island	808-935-2188	<a href="http://www.childandfamilyservice.org">www.childandfamilyservice.org</a>
Child and Family Service - West Hawaii Island	808-323-2664	<a href="http://www.childandfamilyservice.org">www.childandfamilyservice.org</a>
<b>MAUI</b>		
Child and Family Service	808-877-6888	<a href="http://www.childandfamilyservice.org">www.childandfamilyservice.org</a>
PACT- Parents and Children Together	808-244-2330	<a href="http://www.pacthawaii.org">www.pacthawaii.org</a>
<b>MOLOKA'I</b>		
Child and Family Service	808-553-5529	<a href="http://www.childandfamilyservice.org">www.childandfamilyservice.org</a>

## Bereavement & Grief Support

---

### O'AHU

American Cancer Society	808-595-7504; 808-595-7544	<a href="http://www.cancer.org">www.cancer.org</a>
Bristol Hospice Hawaii, LLC	808-536-8012	<a href="http://www.brighthospice.com">www.brighthospice.com</a>
The Compassionate Friends	808-222-6556; 808-222-2729	<a href="http://www.compassionatefriends.org/chapter/honolulu-chapter">www.compassionatefriends.org/chapter/honolulu-chapter</a>
Samaritan Counseling Center Hawaii	808-545-2740	<a href="http://www.samaritancounselingcenterhawaii.org">www.samaritancounselingcenterhawaii.org</a>
Hawaiian Humane Society- Pet Loss Support Group	808-356-2222	<a href="http://www.hawaiianhumane.org/pet-loss-support">www.hawaiianhumane.org/pet-loss-support</a>
Hospice Hawai'i	808-924-9255	<a href="http://www.hospicehawaii.org/our-services/grief-support-groups">www.hospicehawaii.org/our-services/grief-support-groups</a>
Kids Hurt Too	808-545-5683	<a href="http://www.kidshurttoo.org">www.kidshurttoo.org</a>
Kokua Mau	808-585-9977	<a href="http://www.kokuamau.org">www.kokuamau.org</a>
St. Francis Hospice	808-547-6500	<a href="http://www.stfrancishawaii.org/services/hospice">www.stfrancishawaii.org/services/hospice</a>

### KAUAI

Prevent Suicide Kauai	808-651-6637	<a href="http://www.preventsuicidekauai.org">www.preventsuicidekauai.org</a>
-----------------------	--------------	--

### HAWAII

The Compassionate Friends – East Hawaii Chapter	808-937-7523	<a href="http://www.compassionatefriendshawaii.org">www.compassionatefriendshawaii.org</a>
Hawaii Care Choices	808-969-1733	<a href="http://www.hawaiicarechoices.org">www.hawaiicarechoices.org</a>

### MAUI

Hospice Maui	808-244-5555	<a href="http://www.hospicemaui.org">www.hospicemaui.org</a>
Nā Keiki O Emalia	808-214-9832	<a href="http://nkoemau.org">nkoemau.org</a>

### MOLOKA'I

Hospice Hawaii - Molokai	808-553-4310	<a href="http://www.hospicehawaii.org/our-services/grief-support-groups">www.hospicehawaii.org/our-services/grief-support-groups</a>
--------------------------	--------------	--

## Bilingual Services

---

### STATEWIDE

Bilingual Access Line (Helping Hands Hawai'i)	808-526-9724	<a href="http://helpinghandshawaii.org/programs/bilingual-access-line">helpinghandshawaii.org/programs/bilingual-access-line</a>
---	--------------	--

## Brain Injury / Stroke

---

### O'AHU

Neurotrauma Supports, Department of Health	808-733-2155	<a href="http://health.hawaii.gov/nt/helpline">health.hawaii.gov/nt/helpline</a>
--	--------------	--

### KAUA'I

Neurotrauma Supports, Department of Health	808-274-3141 then 32155	<a href="http://health.hawaii.gov/nt/helpline">health.hawaii.gov/nt/helpline</a>
--	----------------------------	--

### HAWAI'I

Neurotrauma Supports, Department of Health	808-974-4000 then 32155	<a href="http://health.hawaii.gov/nt/helpline">health.hawaii.gov/nt/helpline</a>
--	----------------------------	--

### MAUI

Neurotrauma Supports, Department of Health	808-984-2400 then 32155	<a href="http://health.hawaii.gov/nt/helpline">health.hawaii.gov/nt/helpline</a>
--	----------------------------	--

### MOLOKA'I

Neurotrauma Supports, Department of Health	800-468-4644 then 32155	<a href="http://health.hawaii.gov/nt/helpline">health.hawaii.gov/nt/helpline</a>
--	----------------------------	--

### LĀNA'I

Neurotrauma Supports, Department of Health	800-468-4644 then 32155	<a href="http://health.hawaii.gov/nt/helpline">health.hawaii.gov/nt/helpline</a>
--	----------------------------	--

## Case Management Assessments

---

### STATEWIDE

State of Hawaii, Assessments and Requests For Case Management Services	808-643-2643	<a href="http://health.hawaii.gov/amhd/consumer/access">health.hawaii.gov/amhd/consumer/access</a>
--	--------------	--

## Case Management Providers

---

### O'AHU

CARE Hawaii, Inc	808-533-3936	<a href="http://www.carehawaii.info">www.carehawaii.info</a>
Community Empowerment Resources – Crisis Line	808-942-7884	<a href="http://cerhawaii.org">cerhawaii.org</a>
Community Empowerment Resources – Main Line	808-942-7800	<a href="http://cerhawaii.org">cerhawaii.org</a>
Helping Hands Hawai'i	808-536-7234	<a href="http://www.helpinghandshawaii.org">www.helpinghandshawaii.org</a>
The Institute for Human Services (IHS)	808-447-2800	<a href="http://www.ihshawaii.org">www.ihshawaii.org</a>
Kalihi-Palama Health Center	808-848-1438	<a href="http://www.kphc.org">www.kphc.org</a>
Hawaii Health & Harm Reduction Center	808-521-2437	<a href="http://www.hhhrc.org">www.hhhrc.org</a>
North Shore Mental Health	808-638-8700	<a href="http://www.northshorementalhealth.com">www.northshorementalhealth.com</a>
<b>MAUI</b>		
Maui Youth & Family Services, Inc	808-579-8414	<a href="http://myfs.org">myfs.org</a>

**MOLOKA'I**

Maui Youth &amp; Family Services, Inc

808-579-8414

[www.myfs.org](http://www.myfs.org)**Child & Adolescent Services**

---

**O'AHU**

Alaka'i Na Keiki	808-523-5990; 808-523-7771	<a href="http://www.alakainakeiki.com">www.alakainakeiki.com</a>
Autism Society of Hawaii	808-368-1191	<a href="http://autismsocietyofhawaii.org">autismsocietyofhawaii.org</a>
Benchmark Behavioral Health	808-454-1411	
Bobby Benson Center	808-293-7555; 877-393-7555	<a href="http://www.bobbybenson.org">www.bobbybenson.org</a>
Catholic Charities Hawai'i	808-521-4357	<a href="http://www.catholiccharitieshawaii.org">www.catholiccharitieshawaii.org</a>
Center for Cognitive Behavior Therapy	808-956-9559	<a href="http://www.psychology.hawaii.edu/ccbt/index.html">www.psychology.hawaii.edu/ccbt/index.html</a>
State of Hawaii, Child and Adolescent Mental Health Division	808-733-9333	<a href="http://www.health.hawaii.gov/camhd/">www.health.hawaii.gov/camhd/</a>
Child and Family Service, Main Office	808-681-3500	<a href="http://www.childandfamilyservice.org">www.childandfamilyservice.org</a>
State of Hawaii, Child Welfare Services - To Report Child Abuse or Neglect	808-832-5300	<a href="http://www.humanservices.hawaii.gov/ssd/home/child-welfare-services/">www.humanservices.hawaii.gov/ssd/home/child-welfare-services/</a>
Family Guidance Center, Central Oahu	808-453-5900	<a href="http://health.hawaii.gov/camhd/home/family-guidance-centers/oahu-family-guidance-centers">health.hawaii.gov/camhd/home/family-guidance-centers/oahu-family-guidance-centers</a>
Family Guidance Center, Family Court Liaison Branch	808-266-9922	<a href="http://health.hawaii.gov/camhd/home/family-guidance-centers/oahu-family-guidance-centers">health.hawaii.gov/camhd/home/family-guidance-centers/oahu-family-guidance-centers</a>
Family Guidance Center, Honolulu	808-733-9393	<a href="http://health.hawaii.gov/camhd/home/family-guidance-centers/oahu-family-guidance-centers">health.hawaii.gov/camhd/home/family-guidance-centers/oahu-family-guidance-centers</a>
Family Guidance Center, Kaneohe	808-233-3770	<a href="http://health.hawaii.gov/camhd/home/family-guidance-centers/oahu-family-guidance-centers">health.hawaii.gov/camhd/home/family-guidance-centers/oahu-family-guidance-centers</a>
Family Guidance Center, Leeward Oahu	808-692-7700	<a href="http://health.hawaii.gov/camhd/home/family-guidance-centers/oahu-family-guidance-centers">health.hawaii.gov/camhd/home/family-guidance-centers/oahu-family-guidance-centers</a>
Hale Kipa, Inc.	808-589-1829	<a href="http://www.halekipa.org">www.halekipa.org</a>
Hawaii Behavioral Health	808-585-1424	<a href="http://hibh.org">hibh.org</a>
Hawaii Families As Allies	808-682-1511	<a href="http://www.hifamilies.org">www.hifamilies.org</a>
HCAP Youth Services	808-521-4531	<a href="http://www.hcapweb.org/tag/youth-services">www.hcapweb.org/tag/youth-services</a>
Hina Mauka Teen Care	808-236-2600	<a href="http://www.hinamauka.org/teencare">www.hinamauka.org/teencare</a>
Ku Aloha Ola Mau	808-538-0704	<a href="http://www.kualoha.com">www.kualoha.com</a>
New Horizons Counseling	808-484-1000	<a href="http://www.newhorizonshawaii.com">www.newhorizonshawaii.com</a>
The Parent Line	808-526-1222	<a href="http://www.theparentline.org">www.theparentline.org</a>
PACT- Parents and Children Together	808-847-3285	<a href="http://www.pacthawaii.org">www.pacthawaii.org</a>

P.A.R.E.N.T.S. Inc.	808-235-0255	<a href="http://www.hawaiiparents.org">www.hawaiiparents.org</a>
PATCH- People Attentive to Children	808-839-1988	<a href="http://www.patchhawaii.org">www.patchhawaii.org</a>
Lili'uokalani Trust, Kīpuka Hale'aha (Hau'ula)	808-293-8577	<a href="http://www.onipaa.org">www.onipaa.org</a>
Lili'uokalani Trust, Kīpuka Hale'iwa	808-637-9450	<a href="http://www.onipaa.org">www.onipaa.org</a>
Lili'uokalani Trust, Kīpuka Honolulu	808-851-7766	<a href="http://www.onipaa.org">www.onipaa.org</a>
Lili'uokalani Trust, Kīpuka Ko'olau Poko (Kane'ohe)	808-235-7613	<a href="http://www.onipaa.org">www.onipaa.org</a>
Lili'uokalani Trust, Kīpuka Wai'anae	808-668-2314	<a href="http://www.onipaa.org">www.onipaa.org</a>
Lili'uokalani Trust, Kīpuka Waimanalo	808-426-1300	<a href="http://www.onipaa.org">www.onipaa.org</a>
Queens Medical Center- Behavioral Health	808-691-4352	<a href="http://queensmedicalcenter.org/mental-health-services">queensmedicalcenter.org/mental-health-services</a>
Salvation Army - Family Treatment Services	808-732-2802	<a href="http://hawaii.salvationarmy.org/hawaii/fts">hawaii.salvationarmy.org/hawaii/fts</a>
SPIN- Special Parent Info Network	808-586-8126	<a href="http://www.spinhawaii.org">www.spinhawaii.org</a>
Wai'anae Coast CMHC (Hale Na'au Pono)	808-696-4211	<a href="http://www.wccmh.org">www.wccmh.org</a>
<b>KAUA'I</b>		
State of Hawaii, Child and Adolescent Mental Health Division	808-241-3495	<a href="http://www.health.hawaii.gov/kauai">www.health.hawaii.gov/kauai</a>
Child and Family Service, Kaua'i	808-245-5914	<a href="http://www.childandfamilyservice.org">www.childandfamilyservice.org</a>
Family Guidance Center	808-274-3883	<a href="http://health.hawaii.gov/camhd/home/family-guidance-centers/kauai-family-guidance-center">health.hawaii.gov/camhd/home/family-guidance-centers/kauai-family-guidance-center</a>
State of Hawaii, Child Welfare Services - To Report Child Abuse or Neglect	888-380-3088	<a href="http://www.humanservices.hawaii.gov/ssd/home/child-welfare-services">www.humanservices.hawaii.gov/ssd/home/child-welfare-services</a>
Hale 'Opio Kaua'i, Inc.	808-245-2873	<a href="http://www.haleopio.org">www.haleopio.org</a>
Hawaii Behavioral Health	808-246-9102	<a href="http://hibh.org">hibh.org</a>
Ke Ala Pono/McKenna Recovery Center	808-246-0663	<a href="http://www.mckennarecoverycenter.com">www.mckennarecoverycenter.com</a>
PACT-Parents And Children Together Intensive Support Services	808-821-0574	<a href="http://www.pacthawaii.org">www.pacthawaii.org</a>
The Parent Line	800-816-1222	<a href="http://www.theparentline.org">www.theparentline.org</a>
PATCH- People Attentive to Children	808-246-0622	<a href="http://www.patchhawaii.org">www.patchhawaii.org</a>
Lili'uokalani Trust, Kīpuka Kaua'i	808-245-1873	<a href="http://www.onipaa.org">www.onipaa.org</a>
YWCA of Kaua'i	808-245-5959	<a href="http://www.ywcakauai.org">www.ywcakauai.org</a>
<b>HAWAII</b>		
Big Island Substance Abuse Council	808-969-9994	<a href="http://www.bisac.org/what-we-do/adolescent-programs">www.bisac.org/what-we-do/adolescent-programs</a>
Child and Family Service, East Hawai'i	808-935-2188	<a href="http://www.childandfamilyservice.org">www.childandfamilyservice.org</a>
Child and Family Service, West Hawai'i	808-323-2664	<a href="http://www.childandfamilyservice.org">www.childandfamilyservice.org</a>
State of Hawaii, Child Welfare Services - To Report Child Abuse or Neglect	888-380-3088	<a href="http://www.humanservices.hawaii.gov/ssd/home/child-welfare-services">www.humanservices.hawaii.gov/ssd/home/child-welfare-services</a>
Family Guidance Center, Hilo	808-933-0610	<a href="http://health.hawaii.gov/camhd/home/family-guidance-centers">health.hawaii.gov/camhd/home/family-guidance-centers</a>
Family Guidance Center, Kona	808-322-1541	<a href="http://health.hawaii.gov/camhd/home/family-guidance-centers">health.hawaii.gov/camhd/home/family-guidance-centers</a>

Family Guidance Center, Waimea	808-887-8100	<a href="http://health.hawaii.gov/camhd/home/family-guidance-centers">health.hawaii.gov/camhd/home/family-guidance-centers</a>
Family Support Hawaii	808-326-7778	<a href="http://www.family support hawaii.org">www.family support hawaii.org</a>
Hawaii Behavioral Health - Hilo	808-935-7949	<a href="http://hibh.org">hibh.org</a>
Hawaii Behavioral Health - Waimea	808-887-0747	<a href="http://hibh.org">hibh.org</a>
Neighborhood Place of Kona	808-331-8777	<a href="http://npkona.org">npkona.org</a>
Neighborhood Place of Puna	808-965-5550	<a href="http://neighborhoodplaceofpuna.org">neighborhoodplaceofpuna.org</a>
The Parent Line	800-816-1222	<a href="http://www.theparentline.org">www.theparentline.org</a>
P.A.R.E.N.T.S. Inc. - Hilo	808-934-9552	<a href="http://www.hawaiiparents.org">www.hawaiiparents.org</a>
P.A.R.E.N.T.S. Inc. - Ka‘u	808-333-3460	<a href="http://www.hawaiiparents.org">www.hawaiiparents.org</a>
PATCH- People Attentive to Children, Hilo	808-961-3169	<a href="http://www.patchhawaii.org">www.patchhawaii.org</a>
PATCH- People Attentive to Children, Kona	808-322-3500	<a href="http://www.patchhawaii.org">www.patchhawaii.org</a>
Lili‘uokalani Trust, Kipuka Hilo	808-935-9381	<a href="http://www.onipaa.org">www.onipaa.org</a>
Lili‘uokalani Trust, Kipuka Kona	808-329-7336	<a href="http://www.onipaa.org">www.onipaa.org</a>
Lili‘uokalani Trust, Kipuka Namahana (Kona)	808-238-3120	<a href="http://www.onipaa.org">www.onipaa.org</a>
Lili‘uokalani Trust, Kipuka Waimea	808-887-0640	<a href="http://www.onipaa.org">www.onipaa.org</a>
The Salvation Army Family Intervention Services, Hilo	808-959-5855	<a href="http://www.hawaii.salvationarmy.org/hawaii/fis">www.hawaii.salvationarmy.org/hawaii/fis</a>
The Salvation Army Family Intervention Services, Kona	808-323-8081	<a href="http://www.hawaii.salvationarmy.org/hawaii/fis">www.hawaii.salvationarmy.org/hawaii/fis</a>
<b>MAUI</b>		
State of Hawaii, Child and Adolescent Mental Health, Maui	808-984-2150	<a href="http://www.health.hawaii.gov/maui">www.health.hawaii.gov/maui</a>
State of Hawaii, Child Welfare Services - To Report Child Abuse or Neglect	888-380-3088	<a href="http://www.humanservices.hawaii.gov/ssd/home/child-welfare-services">www.humanservices.hawaii.gov/ssd/home/child-welfare-services</a>
Child and Family Service, Maui County	808-877-6888	<a href="http://www.childandfamilyservice.org/mauicounty">www.childandfamilyservice.org/mauicounty</a>
Family Guidance Center, Wailuku	808-243-1252	<a href="http://health.hawaii.gov/camhd/home/family-guidance-centers">health.hawaii.gov/camhd/home/family-guidance-centers</a>
Family Guidance Center, Lahaina	808-662-4045	<a href="http://health.hawaii.gov/camhd/home/family-guidance-centers">health.hawaii.gov/camhd/home/family-guidance-centers</a>
Hawaii Behavioral Health	808-242-7294	<a href="http://hibh.org">hibh.org</a>
Imua Family Services	808-244-7467	<a href="http://imuafamilyservices.org">imuafamilyservices.org</a>
The Maui Farm	808-579-8271	<a href="http://themauifarm.org">themauifarm.org</a>
Maui Youth & Family Services	808-579-8414	<a href="http://myfs.org">myfs.org</a>
Maui Youth & Family Services – Adolescent Shelter Hotline	808-579-8406	<a href="http://myfs.org">myfs.org</a>
Neighborhood Place of Wailuku Child and Family Service	808-877-6888	<a href="http://www.childandfamilyservice.org/programs/neighborhoodplaceofwailuku">www.childandfamilyservice.org/programs/neighborhoodplaceofwailuku</a>
PACT-Parents And Children Together Intensive Support Services	808-244-2330	<a href="http://www.pacthawaii.org">www.pacthawaii.org</a>
The Parent Line	800-816-1222	<a href="http://www.theparentline.org">www.theparentline.org</a>
PATCH- People Attentive to Children, Maui	808-242-9232	<a href="http://patchhawaii.org">patchhawaii.org</a>

Lili'uokalani Trust, Kīpuka Maui: Wailuku, Pukalani, Lahaina	808-242-8888	onipaa.org
Lili'uokalani Trust, Kīpuka Hana	808-248-7218	onipaa.org
<b>MOLOKA'I</b>		
State of Hawaii, Child Welfare Services - To Report Child Abuse or Neglect	888-380-3088	<a href="http://www.humanservices.hawaii.gov/ssd/home/child-welfare-services">www.humanservices.hawaii.gov/ssd/home/child-welfare-services</a>
Child and Family Service, Moloka'i	808-553-5529	<a href="http://www.childandfamilyservice.org/mauicounty">www.childandfamilyservice.org/mauicounty</a>
Imua Family Services at the Moloka'i Community Health Center	808-244-7467	<a href="http://imuafamilyservices.org">imuafamilyservices.org</a>
Family Guidance Center, Moloka'i	808-553-7878	<a href="http://health.hawaii.gov/camhd/home/family-guidance-centers">health.hawaii.gov/camhd/home/family-guidance-centers</a>
Lili'uokalani Trust, Kīpuka Moloka'i	808-553-5369	onipaa.org
Molokai Child Abuse Prevention Pathways (MCAPP)	808-660-2619	<a href="http://www.molokaicapp.org">www.molokaicapp.org</a>
Molokai Community Health Center	808-553-5038	<a href="http://molokaichc.org">molokaichc.org</a>
PATCH- People Attentive to Children, Molokai	808-498-4145	<a href="http://patchhawaii.org">patchhawaii.org</a>
<b>LĀNA'I</b>		
State of Hawaii, Child Welfare Services - To Report Child Abuse or Neglect	888-380-3088	<a href="http://www.humanservices.hawaii.gov/ssd/home/child-welfare-services">www.humanservices.hawaii.gov/ssd/home/child-welfare-services</a>
Family Guidance Center, Lahaina	808-662-4045	<a href="http://health.hawaii.gov/camhd/home/family-guidance-centers">http://health.hawaii.gov/camhd/home/family-guidance-centers</a>
Lāna'i Aloha House	808-565-9566	<a href="http://www.aloha-house.org">www.aloha-house.org</a>
Lāna'i Youth Center	808-565-7675	<a href="http://www.lanaiyouthcenter.org">www.lanaiyouthcenter.org</a>
The Parent Line	800-816-1222	<a href="http://www.theparentline.org">www.theparentline.org</a>
PACT- Parents and Children Together, Lāna'i Integrated Support Services	808-565-9191	<a href="http://www.pacthawaii.org/lanai_iss.html">www.pacthawaii.org/lanai_iss.html</a>
PATCH- People Attentive to Children, Lāna'i	808-498-4145	<a href="http://patchhawaii.org">patchhawaii.org</a>
Lili'uokalani Trust, Kīpuka Lāna'i (via Kīpuka Ko'olau Poko)	808-235-7613	onipaa.org

## Clubhouses

---

### O'AHU

Diamond Head Clubhouse	808-733-9188	<a href="http://health.hawaii.gov/amhd/consumer/clubhouse">health.hawaii.gov/amhd/consumer/clubhouse</a>
Hale O Honolulu Clubhouse	808-832-5142	<a href="http://health.hawaii.gov/amhd/consumer/clubhouse">health.hawaii.gov/amhd/consumer/clubhouse</a>
Kauhale Lahilahi/Makaha Clubhouse	808-695-7920; 808-354-9139	<a href="http://health.hawaii.gov/amhd/consumer/clubhouse">health.hawaii.gov/amhd/consumer/clubhouse</a>
Ko'olau Clubhouse	808-233-3789	<a href="http://health.hawaii.gov/amhd/consumer/clubhouse">health.hawaii.gov/amhd/consumer/clubhouse</a>
Waipahu Aloha Clubhouse	808-675-0093	<a href="http://health.hawaii.gov/amhd/consumer/clubhouse">health.hawaii.gov/amhd/consumer/clubhouse</a>

<b>KAUA'I</b>			
Friendship House	808-821-4480	health.hawaii.gov/amhd/consumer/clubhouse	
<b>HAWAI'I</b>			
Hale 'Oluea Clubhouse	808-974-4320	health.hawaii.gov/amhd/consumer/clubhouse	
Kona Paradise Clubhouse	808-327-9530	health.hawaii.gov/amhd/consumer/clubhouse	
<b>MAUI</b>			
Hale O Lanakila – Maui Clubhouse	808-984-2156	health.hawaii.gov/amhd/consumer/clubhouse	
<b>MOLOKA'I</b>			
Hana Kalima - Moloka'i Clubhouse	808-553-5874	health.hawaii.gov/amhd/consumer/clubhouse	

## Community Health Centers

---

<b>O'AHU</b>			
Kalihi-Palama Health Center	808-848-1438	www.kphc.org	
Ko'olauloa Community Health Center, Hau'ula	808-293-9216	koolauloachc.org	
Ko'olauloa Community Health and Wellness Center, Kahuku	808-293-9231	koolauloachc.org	
Kokua Kalihi Valley Comprehensive Family Services	808-791-9400	www.kkv.net	
Wai'anae Coast Comprehensive Health Center	808-697-3300	www.wcchc.com	
Waikiki Health Center	808-922-4787	waikikihc.org	
Waimanalo Health Center	808-259-7948	waimanalohealth.org	
<b>KAUA'I</b>			
Ho'ola Lahui Hawai'i, Kaua'i Community Health Center, Kapa'a	808-240-0170	www.hoolalahui.org	
Ho'ola Lahui Hawai'i, Kaua'i Community Health Center, Waimea	808-240-0140	www.hoolalahui.org	
<b>HAWAI'I</b>			
Bay Clinic , Inc. - Hilo Clinic	808-333-3600	www.bayclinic.org	
Bay Clinic , Inc. - Hilo Women's Health Center	808-333-3600	www.bayclinic.org	
Bay Clinic , Inc. - Ka'u Family Health & Dental Center	808-333-3600	www.bayclinic.org	
Bay Clinic , Inc. - Kea'au Family Health Center	808-333-3600	www.bayclinic.org	
Bay Clinic , Inc. - Pahoa Family Health Center	808-333-3600	www.bayclinic.org	
Bay Clinic , Inc. - Pahoa Women's & Children Health Clinic	808-333-3600	www.bayclinic.org	
Hamakua-Kohala Health Center (Hamakua-Honoka'a)	808-775-7204	www.hamakua-health.org	
Hamakua-Kohala Health Center (Kohala-Kapa'au)	808-889-6236	www.hamakua-health.org	
West Hawaii Community Health Center	808-326-5629	www.westhawaiichc.org	

**MAUI**

Hana Health Clinic	808-248-7515	hanahealth.org
Malama I Ke Ola Health Center, Main Clinic	808-872-4000; 808-871-7772	ccmaui.org
Malama I Ke Ola Health Center, Lahaina Satellite Clinic	808-667-7598; 808-871-7772	ccmaui.org
<b>MOLOKA'I</b>		
Moloka'i Community Health Center	808-553-5038	molokaichc.org
<b>LĀNA'I</b>		
Lāna'i Community Health Center	808-565-6919	www.lanaicommunityhealthcenter.org

**Community Mental Health Centers (CMHC's)**

Community Mental Health Centers - Call ACCESS line to find out if you're eligible for mental health services	832-3100 or 1-800-753-6879	<a href="http://www.health.hawaii.gov/amhd/files/2013/06/CMHC-Directory.pdf">www.health.hawaii.gov/amhd/files/2013/06/CMHC-Directory.pdf</a>
<b>O'AHU</b>		
Oahu Community Mental Health Center Branch	808-832-5770	<a href="http://health.hawaii.gov/amhd/files/2013/06/CMHC-Directory.pdf">health.hawaii.gov/amhd/files/2013/06/CMHC-Directory.pdf</a>
Central-Leeward Oahu Treatment Services Section	808-453-5950	<a href="http://health.hawaii.gov/amhd/files/2013/06/CMHC-Directory.pdf">health.hawaii.gov/amhd/files/2013/06/CMHC-Directory.pdf</a>
Wahiawa Unit	808-621-8425	<a href="http://health.hawaii.gov/amhd/files/2013/06/CMHC-Directory.pdf">health.hawaii.gov/amhd/files/2013/06/CMHC-Directory.pdf</a>
East Honolulu Treatment Services Section	808-733-9260	<a href="http://health.hawaii.gov/amhd/files/2013/06/CMHC-Directory.pdf">health.hawaii.gov/amhd/files/2013/06/CMHC-Directory.pdf</a>
Makaha Unit	808-354-9123	<a href="http://health.hawaii.gov/amhd/files/2013/06/CMHC-Directory.pdf">health.hawaii.gov/amhd/files/2013/06/CMHC-Directory.pdf</a>
West Honolulu Treatment Services Section	808-832-5770	<a href="http://health.hawaii.gov/amhd/files/2013/06/CMHC-Directory.pdf">health.hawaii.gov/amhd/files/2013/06/CMHC-Directory.pdf</a>
Windward Treatment Services Section	808-233-3775	<a href="http://health.hawaii.gov/amhd/files/2013/06/CMHC-Directory.pdf">health.hawaii.gov/amhd/files/2013/06/CMHC-Directory.pdf</a>
<b>KAUAI</b>		
Kauai Community Mental Health Center Branch	808-274-3190	<a href="http://health.hawaii.gov/amhd/files/2013/06/CMHC-Directory.pdf">health.hawaii.gov/amhd/files/2013/06/CMHC-Directory.pdf</a>
<b>HAWAII</b>		
Hawaii Community Mental Health Center Branch	808-933-0409	<a href="http://health.hawaii.gov/amhd/files/2013/06/CMHC-Directory.pdf">health.hawaii.gov/amhd/files/2013/06/CMHC-Directory.pdf</a>
East Hawaii Mental Health Clinic Section	808-974-4300	<a href="http://health.hawaii.gov/amhd/files/2013/06/CMHC-Directory.pdf">health.hawaii.gov/amhd/files/2013/06/CMHC-Directory.pdf</a>
Honokaa Clinic	808-775-8835	<a href="http://health.hawaii.gov/amhd/files/2013/06/CMHC-Directory.pdf">health.hawaii.gov/amhd/files/2013/06/CMHC-Directory.pdf</a>
Pahoa Clinic	808-965-2240	<a href="http://health.hawaii.gov/amhd/files/2013/06/CMHC-Directory.pdf">health.hawaii.gov/amhd/files/2013/06/CMHC-Directory.pdf</a>
Waimea Clinic	808-885-1220	<a href="http://health.hawaii.gov/amhd/files/2013/06/CMHC-Directory.pdf">health.hawaii.gov/amhd/files/2013/06/CMHC-Directory.pdf</a>

West Hawaii Community Mental Health Clinic Section	808-322-4818	<a href="http://health.hawaii.gov/amhd/files/2013/06/CMHC-Directory.pdf">health.hawaii.gov/amhd/files/2013/06/CMHC-Directory.pdf</a>
Ka'u Clinic	808-939-2406	<a href="http://health.hawaii.gov/amhd/files/2013/06/CMHC-Directory.pdf">health.hawaii.gov/amhd/files/2013/06/CMHC-Directory.pdf</a>
<b>MAUI</b>		
Maui Community Mental Health Center Branch	808-984-2150	<a href="http://health.hawaii.gov/amhd/files/2013/06/CMHC-Directory.pdf">health.hawaii.gov/amhd/files/2013/06/CMHC-Directory.pdf</a>
<b>MOLOKA'I</b>		
Molokai Services Section	808-553-7889	<a href="http://health.hawaii.gov/amhd/files/2013/06/CMHC-Directory.pdf">health.hawaii.gov/amhd/files/2013/06/CMHC-Directory.pdf</a>
<b>LĀNA'I</b>		
Lanai Services Section	808-565-6189	<a href="http://health.hawaii.gov/amhd/files/2013/06/CMHC-Directory.pdf">health.hawaii.gov/amhd/files/2013/06/CMHC-Directory.pdf</a>

## Consumer Advocacy Agencies

---

### O'AHU

Aloha Independent Living Hawaii	808-799-4028	<a href="http://alohailhawaii.org/services/support-groups">alohailhawaii.org/services/support-groups</a>
Consumer Grievance & Appeals, Office of Consumer Affairs, Adult Mental Health Division	808-586-4685	<a href="http://health.hawaii.gov/amhd/files/2016/03/AMHD-KH-Staff-Directory.pdf">health.hawaii.gov/amhd/files/2016/03/AMHD-KH-Staff-Directory.pdf</a>
The Community Assistance Center	808-537-2917	<a href="http://www.cachawaii.org">www.cachawaii.org</a>
Disability and Communication Access Board	808-586-8121	<a href="http://health.hawaii.gov/dcab">health.hawaii.gov/dcab</a>
Hawaii Civil Rights Commission	808-586-8636	<a href="http://labor.hawaii.gov/hcrc">labor.hawaii.gov/hcrc</a>
Hawaii Disability Rights Center	808-949-2922	<a href="http://www.hawaiidisabilityrights.org">www.hawaiidisabilityrights.org</a>
Hawaii Families As Allies	808-682-1511	<a href="http://www.hifamilies.org">www.hifamilies.org</a>
Hawaii State Council on Developmental Disabilities	808-586-8100	<a href="http://health.hawaii.gov/maui/developmental-disabilities-council">health.hawaii.gov/maui/developmental-disabilities-council</a>
Learning Disabilities Association of Hawai'i	808-536-9684	<a href="http://www.ldahawaii.org">www.ldahawaii.org</a>
Legal Aid Society of Hawai'i – Intake Hotline	808-536-4302	<a href="http://www.legalaidhawaii.org">www.legalaidhawaii.org</a>
Long-Term Care Ombudsman Program	808-586-7268	<a href="http://health.hawaii.gov/EOA/home/long-term-care-ombudsman-program">health.hawaii.gov/EOA/home/long-term-care-ombudsman-program</a>
Mental Health America of Hawai'i	808-521-1846	<a href="http://mentalhealthhawaii.org">mentalhealthhawaii.org</a>
NAMI - National Alliance on Mental Illness	808-591-1297	<a href="http://www.namihawaii.org">www.namihawaii.org</a>
United Self-Help	808-947-5558	<a href="http://unitedselfhelp.org">unitedselfhelp.org</a>

### KAUA'I

Disability and Communication Access Board	808-274-3141 Ext. 6-8121#	<a href="http://health.hawaii.gov/dcab/home/contact-us">health.hawaii.gov/dcab/home/contact-us</a>
Hawaii Civil Rights Commission	808-274-3141 Ext. 6-8636	<a href="http://labor.hawaii.gov/hcrc">labor.hawaii.gov/hcrc</a>
Hawaii Disability Rights Center	800-882-1057	<a href="http://www.hawaiidisabilityrights.org">www.hawaiidisabilityrights.org</a>
Hawaii Families As Allies	808-682-1511	<a href="http://www.hifamilies.org">www.hifamilies.org</a>
Legal Aid Society of Hawai'i – Intake Hotline	800-499-4302	<a href="http://www.legalaidhawaii.org">www.legalaidhawaii.org</a>
United Self-Help	866-866-4357	<a href="http://unitedselfhelp.org">unitedselfhelp.org</a>

**HAWAII'**

Aloha Independent Living Hawaii	808-339-7297	alohailhawaii.org/big-island-hawaii
Disability and Communication Access Board	808-974-4000 Ext. 6-8121#	health.hawaii.gov/dcab/home/contact-us
Hawaii Civil Rights Commission	808-974-4000 Ext. 6-8636	labor.hawaii.gov/hcrc/contact
Hawaii Disability Rights Center	800-882-1057	www.hawaiidisabilityrights.org
Legal Aid Society of Hawai'i – Intake Hotline	800-499-4302	www.legalaidhawaii.org
United Self-Help	866-866-4357	unitedselfhelp.org

**MAUI**

Aloha Independent Living Hawaii - Lahaina	800-385-2454	alohailhawaii.org/maui
Aloha Independent Living Hawaii - Kihei	808-866-4690	alohailhawaii.org/maui
Disability and Communication Access Board	808-984-2400 Ext. 6-8121#	health.hawaii.gov/dcab/home/contact-us
Hawaii Disability Rights Center	800-882-1057	www.hawaiidisabilityrights.org
Hawaii Civil Rights Commission	808-984-2400 Ext. 6-8636	labor.hawaii.gov/hcrc/contact
Legal Aid Society of Hawai'i – Intake Hotline	800-499-4302	www.legalaidhawaii.org
Mental Health America of Hawai'i, Maui County Branch	808-242-6461	mentalhealthhawaii.org
United Self-Help	866-866-4357	unitedselfhelp.org

**MOLOKA'I**

Disability and Communication Access Board	800-468-4644 Ext. 6-8121#	health.hawaii.gov/dcab/home/contact-us
Hawaii Civil Rights Commission	800-468-4644 Ext. 6-8636	labor.hawaii.gov/hcrc
Hawaii Disability Rights Center	800-882-1057	www.hawaiidisabilityrights.org
Hawaii Families As Allies	808-682-1511	www.hifamilies.org
Legal Aid Society of Hawai'i – Intake Hotline	800-499-4302	www.legalaidhawaii.org
United Self-Help	866-866-4357	unitedselfhelp.org
Aloha Independent Living Hawaii	808-866-3792	alohailhawaii.org/molokai

**LĀNA'I**

Disability and Communication Access Board	800-468-4644 Ext. 6-8121#	health.hawaii.gov/dcab/home/contact-us
Hawaii Civil Rights Commission	800-468-4644 Ext. 6-8636	labor.hawaii.gov/hcrc/contact
Hawaii Disability Rights Center	800-882-1057	www.hawaiidisabilityrights.org
Legal Aid Society of Hawai'i – Intake Hotline	800-499-4302	www.legalaidhawaii.org
United Self-Help	866-866-4357	unitedselfhelp.org

## Counseling Programs

---

### O'AHU

Catholic Charities Hawai'i – The Counseling Center Hawaii	808-527-4470	<a href="http://www.counselingcenterhawaii.com">www.counselingcenterhawaii.com</a>
Samaritan Counseling Center Hawaii	808-545-2740	<a href="http://www.samaritancounselingcenterhawaii.org">www.samaritancounselingcenterhawaii.org</a>
Queen's Counseling Services at Kaheiheimalie	808-691-4401	<a href="http://queensmedicalcenter.org/day-treatment-services/89-services/services-info/648-queen-s-counseling-services-at-kaheiheimalie">queensmedicalcenter.org/day-treatment-services/89-services/services-info/648-queen-s-counseling-services-at-kaheiheimalie</a>

### HAWAI'I

Catholic Charities Hawai'i – The Counseling Center, Hilo	808-935-4673	<a href="http://www.catholiccharitieshawaii.org/about-us/offices-facilities/hawaii-island-community-office">www.catholiccharitieshawaii.org/about-us/offices-facilities/hawaii-island-community-office</a>
--	--------------	--

## Day Treatment

---

### O'AHU

Hale Na'au Pono - The Wai'anae Coast Community Mental Health Center, Inc.	808-696-4211	<a href="http://www.wccmh.org">www.wccmh.org</a>
Queen's Day Treatment Services	808-691-4157; 808-691-4352	<a href="http://queensmedicalcenter.org/mental-health-services/89-services/services-info/646-day-treatment-services">queensmedicalcenter.org/mental-health-services/89-services/services-info/646-day-treatment-services</a>

## Developmental Disabilities

---

### O'AHU

Developmental Disabilities Division	808-586-5840	<a href="http://health.hawaii.gov/ddd">health.hawaii.gov/ddd</a>
Developmental Disabilities Services - Oahu Intake Line	808-733-1689	<a href="http://health.hawaii.gov/ddd/consumer/apply">health.hawaii.gov/ddd/consumer/apply</a>
Easterseals Hawaii - Main Office	808-536-1015	<a href="http://www.eastersealshawaii.org">www.eastersealshawaii.org</a>
Easterseals Hawaii - Honolulu HCBS Service Center	808-949-3481	<a href="http://www.eastersealshawaii.org">www.eastersealshawaii.org</a>
Easterseals Hawaii - Honolulu ABA Program	808-523-8188	<a href="http://www.eastersealshawaii.org">www.eastersealshawaii.org</a>
Easterseals Hawaii - East Sultan Early Intervention Program, Honolulu	808-735-6981	<a href="http://www.eastersealshawaii.org">www.eastersealshawaii.org</a>
Easterseals Hawaii - Ewa Beach HCBS Service Center	808-681-0747	<a href="http://www.eastersealshawaii.org">www.eastersealshawaii.org</a>
Easterseals Hawaii - Kapolei Napuakea Service Center	808-678-3814	<a href="http://www.eastersealshawaii.org">www.eastersealshawaii.org</a>
Easterseals Hawaii - Kailua Children's Center	808-261-4999	<a href="http://www.eastersealshawaii.org">www.eastersealshawaii.org</a>
Hawaii Behavioral Health	808-585-1424	<a href="http://hibh.org">hibh.org</a>

### KAUA'I

Developmental Disabilities Services – Kauai Intake Line	808-241-3406	<a href="http://health.hawaii.gov/ddd/consumer/apply">health.hawaii.gov/ddd/consumer/apply</a>
Easterseals Hawaii - Kauai Children's Center	808-245-7141	<a href="http://www.eastersealshawaii.org">www.eastersealshawaii.org</a>
Easterseals Hawaii - Kauai Home and Community Based Services	808-245-4132	<a href="http://www.eastersealshawaii.org">www.eastersealshawaii.org</a>
Easterseals Hawaii - Kapaa HCBS Service Center	808-821-6944	<a href="http://www.eastersealshawaii.org">www.eastersealshawaii.org</a>

Easterseals Hawaii - Waimea HCBS Service Center	808-482-3498	<a href="http://www.eastersealshawaii.org">www.eastersealshawaii.org</a>
<b>HAWA'I</b>		
Brantley Center	808-775-7245	<a href="http://brantleycenter.org">brantleycenter.org</a>
Developmental Disabilities Services – Hilo Intake Line	808-974-4280	<a href="http://health.hawaii.gov/ddd/consumer/apply">health.hawaii.gov/ddd/consumer/apply</a>
Developmental Disabilities Services – Kona Intake Line	808-327-6212	<a href="http://health.hawaii.gov/ddd/consumer/apply">health.hawaii.gov/ddd/consumer/apply</a>
Developmental Disabilities Services – Waimea Intake Line	808-887-6064	<a href="http://health.hawaii.gov/ddd/consumer/apply">health.hawaii.gov/ddd/consumer/apply</a>
Easterseals Hawaii - Hilo Children's Center	808-961-3081	<a href="http://www.eastersealshawaii.org">www.eastersealshawaii.org</a>
Easterseals Hawaii - Hawaii Island Home & Community Based Services, Kea'au	808-961-3716	<a href="http://www.eastersealshawaii.org">www.eastersealshawaii.org</a>
<b>MAUI</b>		
Arc of Maui County	808-242-5781	<a href="http://www.arcofmaui.org">www.arcofmaui.org</a>
Developmental Disabilities Services – Maui Intake Line	808-243-4625	<a href="http://health.hawaii.gov/ddd/consumer/apply">health.hawaii.gov/ddd/consumer/apply</a>
Easterseals Hawaii - Maui Service Center	808-249-2065	<a href="http://www.eastersealshawaii.org">www.eastersealshawaii.org</a>
Ka Lima O Maui	808-244-5502	<a href="http://www.kalimaomaui.org">www.kalimaomaui.org</a>
<b>MOLOKA'I</b>		
Arc of Maui County - Molokai	808-558-0408	<a href="http://www.arcofmaui.org">www.arcofmaui.org</a>
Developmental Disabilities Services – Molokai Intake Line	808-553-7898	<a href="http://health.hawaii.gov/ddd/consumer/apply">health.hawaii.gov/ddd/consumer/apply</a>
<b>LĀNA'I</b>		
Easterseals Hawaii - Lanai Home & Community Based Services, Wailuku	808-249-2065	<a href="http://www.eastersealshawaii.org">www.eastersealshawaii.org</a>

## Domestic Violence

---

<b>O'AHU</b>		
Child & Family Service - Oahu Domestic Abuse Hotline 24/7	808-841-0822	<a href="http://www.childandfamilyservice.org/programs/dvshelters">www.childandfamilyservice.org/programs/dvshelters</a>
Child & Family Service - Domestic Violence Services for Families	808-543-8447	<a href="http://www.childandfamilyservice.org/programs/dvsf">www.childandfamilyservice.org/programs/dvsf</a>
Domestic Violence Action Center	808-531-3771	<a href="http://www.stoptheviolence.org/home">www.stoptheviolence.org/home</a>
Catholic Charities Hawai'i, Domestic Violence Services	808-521-4357	<a href="http://www.catholiccharitieshawaii.org/programs/families-and-individuals">www.catholiccharitieshawaii.org/programs/families-and-individuals</a>
PACT Domestic Violence Support & Ohia Shelter Access Line 24/7	808-526-2200	<a href="http://www.pacthawaii.org/ohia.html">www.pacthawaii.org/ohia.html</a>
PACT Family Peace Center	808-832-0855	<a href="http://www.pacthawaii.org/oahu_peace_center.html">www.pacthawaii.org/oahu_peace_center.html</a>
Hale Ola Windward Abuse Shelter Hotline 24/7	808-528-0606	
<b>KAUA'I</b>		
Child & Family Service - Domestic Violence Services for Families	808-245-5914	<a href="http://www.childandfamilyservice.org/programs/dvsf">www.childandfamilyservice.org/programs/dvsf</a>
YWCA of Kauai - Domestic Violence Hotline 24/7	808-245-6362	<a href="http://ywcakauai.org">ywcakauai.org</a>

YWCA of Kauai - Sexual Assault Hotline 24/7	808-245-4144	ywcakauai.org
<b>HAWAII'</b>		
Child & Family Service - West Hawaii Domestic Abuse Hotline 24/7	808-322-7233	<a href="http://www.childandfamilyservice.org/programs/dvshelters">www.childandfamilyservice.org/programs/dvshelters</a>
Child & Family Service - East Hawaii Domestic Abuse Hotline 24/7	808-959-8864	<a href="http://www.childandfamilyservice.org/programs/dvshelters">www.childandfamilyservice.org/programs/dvshelters</a>
Child & Family Service - Domestic Violence Services for Families, East Hawaii	808-935-2188	<a href="http://www.childandfamilyservice.org/programs/dvsf">www.childandfamilyservice.org/programs/dvsf</a>
Child & Family Service - Domestic Violence Services for Families, West Hawaii	808-323-2664	<a href="http://www.childandfamilyservice.org/programs/dvsf">www.childandfamilyservice.org/programs/dvsf</a>
<b>MAUI</b>		
Child & Family Service - Domestic Violence Advocacy	808-877-6888	<a href="http://www.childandfamilyservice.org/programs/dva">www.childandfamilyservice.org/programs/dva</a>
PACT Family Peace Center	808-243-7001	<a href="http://www.pacthawaii.org/maui_peace_center.html">www.pacthawaii.org/maui_peace_center.html</a>
Women Helping Women Crisis Hotline 24/7	808-579-9581	<a href="http://www.womenhelpingwomenmaui.com">www.womenhelpingwomenmaui.com</a>
Women Helping Women - Temporary Restraining Orders	808-446-7379	<a href="http://www.womenhelpingwomenmaui.com/programs/tro-procedures">www.womenhelpingwomenmaui.com/programs/tro-procedures</a>
Women Helping Women - West Maui	808-661-7111	<a href="http://www.womenhelpingwomenmaui.com">www.womenhelpingwomenmaui.com</a>
Women Helping Women - Hana	808-866-2852	<a href="http://www.womenhelpingwomenmaui.com">www.womenhelpingwomenmaui.com</a>
<b>MOLOKAI</b>		
Hale Ho'omalu Shelter Hotline 24/7	808-567-6888	<a href="http://www.molokai.org/programs/health-human-services/domestic-violence-programs/index.html">www.molokai.org/programs/health-human-services/domestic-violence-programs/index.html</a>
<b>LANA'I</b>		
Women Helping Women	808-565-6700	<a href="http://www.womenhelpingwomenmaui.com">www.womenhelpingwomenmaui.com</a>

## Dual Diagnosis

---

### O'AHU

Hina Mauka	808-236-2600	<a href="http://hinamauka.org">hinamauka.org</a>
Po'ailani – Dual Diagnosis Treatment Center	808-263-3500	<a href="http://poailani.org">poailani.org</a>
Sand Island Treatment Center (Kline-Welsh)	808-841-2319	<a href="http://www.sandisland.com">www.sandisland.com</a>
<b>MAUI</b>		
Ohana Makamae, Inc	808-248-8538	<a href="http://ohanamakamae.org">ohanamakamae.org</a>

## Food Assistance

---

### O'AHU

Helping Hands Hawaii - SNAP Outreach	808-440-3812	<a href="http://helpinghandshawaii.org/programs/supplemental-nutrition-assistance-program-snap-outreach">helpinghandshawaii.org/programs/supplemental-nutrition-assistance-program-snap-outreach</a>
Aloha United Way 211 Information Hotline	211 or 877-275-6569	<a href="http://www.auw211.org/Search.aspx">www.auw211.org/Search.aspx</a>

## **Elderly, Services for: See Senior Services**

---

### **Health Insurance Providers/Plans**

---

#### **O'AHU**

AlohaCare	808-973-0712	<a href="http://www.alohacare.org">www.alohacare.org</a>
Hawai'i Medical Assurance Association (HMAA) Main Line	808-591-0088	<a href="http://www.hmaa.com">www.hmaa.com</a>
Hawai'i Medical Assurance Association (HMAA) Customer Service	808-941-4622	<a href="http://www.hmaa.com">www.hmaa.com</a>
Hawai'i Medical Service Association (HMSA)	808-948-6111	<a href="http://hmsa.com">hmsa.com</a>
HMSA Behavioral Health/Beacon Health	808-695-7700	
Hawai'i MedQUEST/Medicaid Eligibility Branch Help with eligibility/health plan enrollment	808-587-3521 808-524-3370	<a href="http://medquest.hawaii.gov">medquest.hawaii.gov</a>
Kaiser Permanente Integrated Behavioral Health	888-945-7600	<a href="http://healthy.kaiserpermanente.org/hawaii/doctors-locations/how-to-find-care/behavioral-health">healthy.kaiserpermanente.org/hawaii/doctors-locations/how-to-find-care/behavioral-health</a>
Medicaid Dental Care	866-486-8030	
'Ohana Health Plan/CCS	888-846-4262	<a href="http://www.wellcare.com/en/Hawaii/Contact-Us">www.wellcare.com/en/Hawaii/Contact-Us</a>
United Healthcare Community Plan QUEST	888-980-8728	<a href="http://www.uhccommunityplan.com/hi/medicaid/quest-integration-program.html">www.uhccommunityplan.com/hi/medicaid/quest-integration-program.html</a>
UHA (University Health Alliance)	808-532-4000	<a href="http://www.uhahealth.com">www.uhahealth.com</a>

#### **KAUA'I**

AlohaCare	877-973-0712	<a href="http://www.alohacare.org">www.alohacare.org</a>
Hawai'i Medical Assurance Association (HMAA) Main Line	800-621-6998	<a href="http://www.hmaa.com">www.hmaa.com</a>
Hawai'i Medical Assurance Association (HMAA) Customer Service	888-941-4622	<a href="http://www.hmaa.com">www.hmaa.com</a>
Hawai'i Medical Service Association (HMSA)	808-245-3393	<a href="http://hmsa.com">hmsa.com</a>
HMSA Behavioral Health/Beacon Health	855-856-0578	
Hawai'i MedQUEST/Medicaid	808-241-3575	<a href="http://medquest.hawaii.gov">medquest.hawaii.gov</a>
Kaiser Permanente Behavioral Services	888-945-7600	<a href="http://www.kp.org">www.kp.org</a>
Medicaid Dental Care	866-486-8030	
'Ohana Health Plan/CCS	888-846-4262	<a href="http://www.ohanahealthplan.com">www.ohanahealthplan.com</a>
United Healthcare Community Plan QUEST	888-980-8728	<a href="http://www.uhccommunityplan.com/hi/medicaid/quest-integration-program.html">www.uhccommunityplan.com/hi/medicaid/quest-integration-program.html</a>
UHA (University Health Alliance)	800-458-4600	<a href="http://www.uhahealth.com">www.uhahealth.com</a>

#### **HAWAI'I**

AlohaCare	877-973-0712	<a href="http://www.alohacare.org">www.alohacare.org</a>
Hawai'i Medical Assurance Association (HMAA) Main Line	800-621-6998	<a href="http://www.hmaa.com">www.hmaa.com</a>
Hawai'i Medical Assurance Association (HMAA) Customer Service	888-941-4622	<a href="http://www.hmaa.com">www.hmaa.com</a>

Hawai‘i Medical Service Association (HMSA) Hilo	808-935-5441	<a href="http://hmsa.com">hmsa.com</a>
Hawai‘i Medical Service Association (HMSA) Kona	808-329-5291	<a href="http://hmsa.com">hmsa.com</a>
HMSA Behavioral Health/Beacon Health	855-856-0578	
Hawai‘i MedQUEST/Medicaid - East Hawaii	808-933-0339	<a href="http://medquest.hawaii.gov">medquest.hawaii.gov</a>
Hawai‘i MedQUEST/Medicaid - West Hawaii	808-327-4970	<a href="http://medquest.hawaii.gov">medquest.hawaii.gov</a>
Kaiser Permanente Behavioral Services	808-432-7600	<a href="http://healthy.kaiserpermanente.org/hawaii">healthy.kaiserpermanente.org/hawaii</a>
Medicaid Dental Care	866-486-8030	
‘Ohana Health Plan/CCS	888-846-4262	<a href="http://www.wellcare.com/Hawaii">www.wellcare.com/Hawaii</a>
United Healthcare Community Plan QUEST	888-980-8728	<a href="http://www.uhccommunityplan.com/hi/medicaid/quest-integration-program.html">www.uhccommunityplan.com/hi/medicaid/quest-integration-program.html</a>
UHA (University Health Alliance)	800-458-4600	<a href="http://www.uhahealth.com">www.uhahealth.com</a>
<b>MAUI</b>		
AlohaCare	877-973-0712	<a href="http://www.alohacare.org">www.alohacare.org</a>
Hawai‘i Medical Assurance Association (HMAA) Main Line	800-621-6998	<a href="http://www.hmaa.com">www.hmaa.com</a>
Hawai‘i Medical Assurance Association (HMAA) Customer Service	888-941-4622	<a href="http://www.hmaa.com">www.hmaa.com</a>
Hawai‘i Medical Service Association (HMSA)	808-871-6295	<a href="http://hmsa.com">hmsa.com</a>
HMSA Behavioral Health/Beacon Health	855-856-0578	
Hawai‘i MedQUEST/Medicaid	808-243-5780	<a href="http://medquest.hawaii.gov">medquest.hawaii.gov</a>
Kaiser Permanente Behavioral Services	808-432-7600	<a href="http://healthy.kaiserpermanente.org/hawaii">healthy.kaiserpermanente.org/hawaii</a>
Medicaid Dental Care	866-486-8030	
‘Ohana Health Plan/CCS	888-846-4262	<a href="http://www.wellcare.com/Hawaii">www.wellcare.com/Hawaii</a>
United Healthcare Community Plan QUEST	888-980-8728	<a href="http://www.uhccommunityplan.com/hi/medicaid/quest-integration-program.html">www.uhccommunityplan.com/hi/medicaid/quest-integration-program.html</a>
UHA (University Health Alliance)	800-458-4600	<a href="http://www.uhahealth.com">www.uhahealth.com</a>
<b>MOLOKĀ‘I</b>		
AlohaCare	877-973-0712	<a href="http://www.alohacare.org">www.alohacare.org</a>
Hawai‘i Medical Assurance Association (HMAA) Main Line	800-621-6998	<a href="http://www.hmaa.com">www.hmaa.com</a>
Hawai‘i Medical Assurance Association (HMAA) Customer Service	888-941-4622	<a href="http://www.hmaa.com">www.hmaa.com</a>
Hawai‘i Medical Service Association (HMSA)	800-639-4672	<a href="http://hmsa.com">hmsa.com</a>
HMSA Behavioral Health/Beacon Health	855-856-0578	
Hawai‘i MedQUEST/Medicaid	808-553-1758	<a href="http://medquest.hawaii.gov">medquest.hawaii.gov</a>
Kaiser Permanente Behavioral Services	808-432-7600	<a href="http://healthy.kaiserpermanente.org/hawaii">healthy.kaiserpermanente.org/hawaii</a>
Medicaid Dental Care	866-486-8030	
‘Ohana Health Plan/CCS	888-846-4262	<a href="http://www.wellcare.com/Hawaii">www.wellcare.com/Hawaii</a>
United Healthcare Community Plan QUEST	888-980-8728	<a href="http://www.uhccommunityplan.com/hi/medicaid/quest-integration-program.html">www.uhccommunityplan.com/hi/medicaid/quest-integration-program.html</a>
UHA (University Health Alliance)	800-458-4600	<a href="http://www.uhahealth.com">www.uhahealth.com</a>

**LĀNA‘I**

AlohaCare	877-973-0712	<a href="http://www.alohacare.org">www.alohacare.org</a>
Hawai‘i Medical Assurance Association (HMAA) Main Line	800-621-6998	<a href="http://www.hmaa.com">www.hmaa.com</a>
Hawai‘i Medical Assurance Association (HMAA) Customer Service	888-941-4622	<a href="http://www.hmaa.com">www.hmaa.com</a>
Hawai‘i Medical Service Association (HMSA)	800-639-4672	<a href="http://hmsa.com">hmsa.com</a>
HMSA Behavioral Health/Beacon Health	855-856-0578	
Hawai‘i MedQUEST/Medicaid	808-565-7102	<a href="http://medquest.hawaii.gov">medquest.hawaii.gov</a>
Kaiser Permanente Behavioral Services	808-432-7600	<a href="http://healthy.kaiserpermanente.org/hawaii">healthy.kaiserpermanente.org/hawaii</a>
Medicaid Dental Care	866-486-8030	
‘Ohana Health Plan/CCS	888-846-4262	<a href="http://www.wellcare.com/Hawaii">www.wellcare.com/Hawaii</a>
United Healthcare Community Plan QUEST	888-980-8728	<a href="http://www.uhcommunityplan.com/hi/medicaid/quest-integration-program.html">www.uhcommunityplan.com/hi/medicaid/quest-integration-program.html</a>
UHA (University Health Alliance)	800-458-4600	<a href="http://www.uhahealth.com">www.uhahealth.com</a>

**Homeless Shelters & Services****O‘AHU**

Hale Kipa Youth Services	808-589-1829	<a href="http://www.halekipa.org">www.halekipa.org</a>
Hawaii H.O.M.E. Project	808-223-8859	<a href="http://www.hawaiihomeproject.org/index.html">www.hawaiihomeproject.org/index.html</a>
Institute for Human Services (I.H.S.)	808-447-2800	<a href="http://www.ihshawaii.org">www.ihshawaii.org</a>
Kahumana	808-696-4095; 808-690-9011	<a href="http://www.kahumana.org">www.kahumana.org</a>
Network Enterprises (military)	808-521-7774	<a href="http://www.networkenterprises.org">www.networkenterprises.org</a>
Next Step Shelter	808-585-8800	<a href="http://www.waikikihc.org/locations/nextstep">www.waikikihc.org/locations/nextstep</a>
Transitional Housing	808-696-4039	
Onemalu Transitional Shelter - Kalaeloa	808-682-3869	
Safe Haven for Homeless Mentally Ill	808-524-7233	<a href="http://www.mentalhealthkokua.org">www.mentalhealthkokua.org</a>
U.S. Vets (for military) - Waianae	808-664-1400; 808-462-0280	<a href="http://www.usvetsinc.org/waianae">www.usvetsinc.org/waianae</a>
U.S. Vets (for military) – Kapolei	808-672-2977; 808-630-0771	<a href="http://www.usvetsinc.org/barberspoint">www.usvetsinc.org/barberspoint</a>
Youth Outreach (YO) for homeless youth	808-942-5858	<a href="http://www.waikikihc.org">www.waikikihc.org</a>

**KAUA‘I**

Kauai Economic Opportunity	808-245-4077	<a href="http://www.kauainetwork.org/kauai-economic-opportunity-incorporated-keo">www.kauainetwork.org/kauai-economic-opportunity-incorporated-keo</a>
----------------------------	--------------	--

**HAWAI‘I**

Care-A-Van/Hope Services of Hawai‘i (island wide)	808-935-3050	<a href="http://hopeserviceshawaii.org">hopeserviceshawaii.org</a>
---	--------------	--

**MAUI**

Ka Hale A Ke Ola Homeless Resource Center Wailuku	808-242-7600	<a href="http://www.khako.org">www.khako.org</a>
Ka Hale A Ke Ola Homeless Resource Center Lahaina	808-662-0076	<a href="http://www.khako.org">www.khako.org</a>
Salvation Army - Kahului Corps	808-871-6270	<a href="http://hawaii.salvationarmy.org/hawaii/kahului">hawaii.salvationarmy.org/hawaii/kahului</a>

Salvation Army - Lahaina Corps	808-661-5335	<a href="http://hawaii.salvationarmy.org/hawaii/lahaina">hawaii.salvationarmy.org/hawaii/lahaina</a>
Family Life Center	808-877-0880	

## Hospitals & Medical Centers

---

### O'AHU

Hawaii H.O.M.E. Project	808-223-8859	<a href="http://www.hawaiihomeproject.org/index.html">www.hawaiihomeproject.org/index.html</a>
Castle Medical Center (in-patient psych unit)	808-263-5500	<a href="http://www.adventisthealth.org/castle/pages/castle-home.aspx">www.adventisthealth.org/castle/pages/castle-home.aspx</a>
Hawai'i State Hospital (psychiatric hospital)	808-247-2191	
Hawai'i State Hospital Patient Rights Advisor	808-236-8244	
Kāhi Mōhala Behavioral Health (psychiatric hospital)	808-671-8511	<a href="http://www.kahimohala.org">www.kahimohala.org</a>
Kahuku Medical Center	808-293-9221	<a href="http://www.kmc-hi.org">www.kmc-hi.org</a>
Kaiser Permanente Moanalua Hospital and Clinic	808-432-0000	<a href="http://healthy.kaiserpermanente.org/hawaii/doctors-locations#/search-result">healthy.kaiserpermanente.org/hawaii/doctors-locations#/search-result</a>
Kalihi-Palama Health Center – Kalihi	808-848-1438	<a href="http://www.kphc.org">www.kphc.org</a>
Kalihi-Palama Health Center - Downtown	808-792-5576	<a href="http://www.kphc.org">www.kphc.org</a>
Kapiolani Medical Center	808-983-6000	<a href="http://www.hawaiipacifichealth.org/kapiolani">www.hawaiipacifichealth.org/kapiolani</a>
Kapiolani Medical Center at Pali Momi	808-486-6000	<a href="http://www.hawaiipacifichealth.org/kapiolani">www.hawaiipacifichealth.org/kapiolani</a>
Kuakini Medical Center	808-536-2236	<a href="http://www.kuakini.org">www.kuakini.org</a>
Queen's Referral Line (in-patient psych unit)	808-691-7117	<a href="http://www.queens.org">www.queens.org</a>
Rehabilitation Hospital of the Pacific	808-531-3511	<a href="http://www.rehabhospital.org">www.rehabhospital.org</a>
Straub Clinic and Hospital – Main Line	808-522-4000	<a href="http://www.straubhealth.org">www.straubhealth.org</a>
Straub Clinic and Hospital – Behavioral Health	808-522-4521	<a href="http://www.straubhealth.org">www.straubhealth.org</a>
Tripler Army Medical Center	808-433-6661	
Wahiawa General Hospital	808-621-8411	<a href="http://www.wahiawageneral.org">www.wahiawageneral.org</a>

### KAUA'I

Kaua'i Medical Clinic - Lihue	808-245-1500	<a href="http://www.hawaiipacifichealth.org/locations">www.hawaiipacifichealth.org/locations</a>
Kaua'i Medical Clinic - Eleele	808-335-0499	<a href="http://www.hawaiipacifichealth.org/locations">www.hawaiipacifichealth.org/locations</a>
Kaua'i Medical Clinic - Kapaa	808-822-3431	<a href="http://www.hawaiipacifichealth.org/locations">www.hawaiipacifichealth.org/locations</a>
Kaua'i Medical Clinic - Koloa	808-742-1621	<a href="http://www.hawaiipacifichealth.org/locations">www.hawaiipacifichealth.org/locations</a>
Mahelona Medical Center (in-patient psych unit)	808-822-4961	<a href="http://www.smmh.hhsc.org">www.smmh.hhsc.org</a>
West Kauai Medical Center	808-338-9431	<a href="http://www.kvmh.hhsc.org">www.kvmh.hhsc.org</a>
Wilcox Medical Center	808-245-1100	<a href="http://www.hawaiipacifichealth.org/wilcox">www.hawaiipacifichealth.org/wilcox</a>

### HAWA'I

Hale Ho'ola Hamakua	808-932-4100	<a href="http://www.halehoolahamakua.org">www.halehoolahamakua.org</a>
Hilo Medical Center	808-932-3000	<a href="http://www.hilomedicalcenter.org">www.hilomedicalcenter.org</a>
Kaiser Permanente Hilo Clinic	808-934-4000	<a href="http://www.kp.org">www.kp.org</a>
Ka'u Hospital - Pahala	808-932-4200	<a href="http://www.kau.hhsc.org">www.kau.hhsc.org</a>
Kohala Hospital	808-889-6211	<a href="http://kohala.hhsc.org">kohala.hhsc.org</a>
Kona Community Hospital – Main Line	808-322-9311	<a href="http://www.kch.hhsc.org">www.kch.hhsc.org</a>

Kona Community Hospital - In-patient Psych Unit	808-322-4500	<a href="http://www.kch.hhsc.org">www.kch.hhsc.org</a>
North Hawai'i Community Hospital	808-885-4444	<a href="http://www.nhch.com">www.nhch.com</a>
<b>MAUI</b>		
Hāna Health Clinic	808-248-8294	<a href="http://www.hanahealth.org">www.hanahealth.org</a>
Hui No Ke Ola Pono - Wailuku	808-244-4647	<a href="http://www.hnkop.org">www.hnkop.org</a>
Hui No Ke Ola Pono - Hana	808-248-7502	<a href="http://www.hnkop.org">www.hnkop.org</a>
Kaiser Permanente Wailuku Clinic	808-243-6000	<a href="http://www.kp.org">www.kp.org</a>
Kaiser Permanente Maui Lani Clinic	808-243-6000	<a href="http://www.kp.org">www.kp.org</a>
Kaiser Permanente Lahaina Clinic	808-243-6000	<a href="http://www.kp.org">www.kp.org</a>
Kaiser Permanente Kihei Clinic	808-243-6000	<a href="http://www.kp.org">www.kp.org</a>
Maui Health System - Kula Clinic	808-876-4331	<a href="http://www.mauihALTHSYSTEM.org/kula-clinic">www.mauihALTHSYSTEM.org/kula-clinic</a>
Maui Health System - Maui Memorial Medical Center	808-244-9056	<a href="http://www.mauihALTHSYSTEM.org/maui-memorial">www.mauihALTHSYSTEM.org/maui-memorial</a>
Maui Medical Group Kihei Office	808-270-1528	<a href="http://www.mauimedical.com">www.mauimedical.com</a>
Maui Medical Group Pukalani Office	808-573-6200	<a href="http://www.mauimedical.com">www.mauimedical.com</a>
Maui Medical Group Wailuku Office	808-242-6464	<a href="http://www.mauimedical.com">www.mauimedical.com</a>
Maui Medical Group Lahaina Office	808-661-0051	<a href="http://www.mauimedical.com">www.mauimedical.com</a>
Maui Medical Group Kahului Office	808-871-1730	<a href="http://www.mauimedical.com">www.mauimedical.com</a>
<b>MOLOKA'I</b>		
Women's Health Center at Moloka'i General Hospital	808-553-3145	<a href="http://www.molokaigeneralhospital.org/patients/womens-health-center">www.molokaigeneralhospital.org/patients/womens-health-center</a>
Moloka'i Family Support Services	808-553-3276	
Moloka'i General Hospital	808-553-5331	<a href="http://www.molokaigeneralhospital.org">www.molokaigeneralhospital.org</a>
Na Pu'uawai - Molokai Native Health Care System	808-560-3653	<a href="http://www.napuuwainhhcs.org">www.napuuwainhhcs.org</a>
<b>LĀNA'I</b>		
Ke Ola Hou O Lanai	808-565-7204	<a href="http://www.napuuwainhhcs.org/ke-ola-hou-o-lanai">www.napuuwainhhcs.org/ke-ola-hou-o-lanai</a>
Lanai Community Hospital	808-565-8450	<a href="http://www.mauihALTHSYSTEM.org/lanai-hospital">www.mauihALTHSYSTEM.org/lanai-hospital</a>
Straub Clinic at Lanai – Family Health Center	808-565-6423	<a href="http://www.hawaiipacifichealth.org/straub">www.hawaiipacifichealth.org/straub</a>

## Housing Information/Providers

### O'AHU

Aloha Independent Living Hawai'i	800-385-2454	<a href="http://alohailhawaii.org">alohailhawaii.org</a>
Dept. of Human Services Public Assistance Info Line	855-643-1643	<a href="http://www.humanservices.hawaii.gov">www.humanservices.hawaii.gov</a>
Hawai'i Public Housing Authority	808-832-4692	<a href="http://www.hcdch.state.hi.us">www.hcdch.state.hi.us</a>

### KAUA'I

Kaua'i Economic Opportunity	808-245-4077	<a href="http://www.kauainetwork.org/kauai-economic-opportunity-incorporated-keo">www.kauainetwork.org/kauai-economic-opportunity-incorporated-keo</a>
-----------------------------	--------------	--

### HAWAII'

Hawai'i County Housing	808-959-4642	<a href="http://www.hawaiicounty.gov/office-of-housing">www.hawaiicounty.gov/office-of-housing</a>
Hawai'i Public Housing Authority	808-832-4692	<a href="http://www.hcdch.state.hi.us">www.hcdch.state.hi.us</a>

**MAUI**

County of Maui, Dept. of Housing Administration	808-270-7805	<a href="http://www.mauicounty.gov">www.mauicounty.gov</a>
Hale Mahaolu	808-872-4100	<a href="http://halemahaolu.org">halemahaolu.org</a>
Hawai'i Public Housing Authority	808-832-4692	<a href="http://www.hcdch.state.hi.us">www.hcdch.state.hi.us</a>
Lokahi Pacific	808-242-5761	<a href="http://www.lokahipacific.org">www.lokahipacific.org</a>
Maui County Office on Aging and Aging & Disability Resource Center	808-270-7774	<a href="http://mauicountyadrc.org">mauicountyadrc.org</a>

**MOLOKA'I**

Moloka'i Hale Mahaolu	808-872-4100	<a href="http://www.halemahaolu.org">www.halemahaolu.org</a>
-----------------------	--------------	--

**LĀNA'I**

Hawai'i Public Housing Authority	808-832-4692	<a href="http://www.hcdch.state.hi.us">www.hcdch.state.hi.us</a>
Pulama Lanai	808-565-3000	<a href="http://www.pulamalanai.com">www.pulamalanai.com</a>

**Human and Sex Trafficking****O'AHU**

Child Welfare Services (If minor is victim of human trafficking)	808-832-1999	<a href="http://humanservices.hawaii.gov/ssd/home/child-welfare-services">humanservices.hawaii.gov/ssd/home/child-welfare-services</a>
Statewide Trafficking Victim Assistance Program 24 hr Crisis Support	808-721-9614	<a href="http://tvaphawaii.org">tvaphawaii.org</a>
PACT- Parents And Children Together Family Peace Center	808-847-3285	<a href="http://www.pacthawaii.org">www.pacthawaii.org</a>
<b>MAUI</b>		
PACT- Parents And Children Together Family Peace Center	808-847-3286	<a href="http://www.pacthawaii.org">www.pacthawaii.org</a>

**Immigrant Services****O'AHU**

Bilingual Access Line (24 hours)	808-526-9724	<a href="http://www.helpinghandshawaii.org">www.helpinghandshawaii.org</a>
Catholic Charities Hawai'i	808-521-4357	<a href="http://www.catholiccharitieshawaii.org/programs-services/immigrants/">www.catholiccharitieshawaii.org/programs-services/immigrants/</a>
Child and Family Service	808-543-8436	<a href="http://www.childandfamilyservice.org">www.childandfamilyservice.org</a>
Hawai'i Immigrant Justice Center at Legal Aid Society of Hawai'i	808-536-4302	<a href="http://www.legalaidhawaii.org">www.legalaidhawaii.org</a>
Lanakila Easy Access Project	808-832-5685	<a href="http://health.hawaii.gov/bilingual-services">health.hawaii.gov/bilingual-services</a>
Pacific Gateway Center	808-851-7010	<a href="http://www.pacificgatewaycenter.org">www.pacificgatewaycenter.org</a>
PACT-Parents And Children Together Family	808-841-6177	<a href="http://www.pacthawaii.org">www.pacthawaii.org</a>
Susannah Wesley Community Center	808-847-1535	<a href="http://www.susannahwesley.org">www.susannahwesley.org</a>
U.S. Citizenship and Immigration Services	800-375-5283	<a href="http://www.uscis.gov">www.uscis.gov</a>

**HAWAII**

Catholic Charities Hawai'i	808-961-7030	<a href="http://www.catholiccharitieshawaii.org/programs-services/immigrants/">www.catholiccharitieshawaii.org/programs-services/immigrants/</a>
County Immigration Information Office	808-961-8220	<a href="http://www.hawaiicounty.gov/rd-immigration">www.hawaiicounty.gov/rd-immigration</a>

**MAUI**

Maui Immigrant Services

808-270-7791

[www.mauicounty.gov/253/Immigrant-Services](http://www.mauicounty.gov/253/Immigrant-Services)**Jail & Prison Services**

---

**O'AHU**

The Community Assistance Center	808-537-2917	<a href="http://www.cachawaii.org">www.cachawaii.org</a>
Adult Mental Health Division, Court Evaluation Branch	808-832-1852	<a href="http://www.courts.state.hi.us">www.courts.state.hi.us</a>
Department of Public Safety- Health Care Division	808-587-1250	<a href="http://www.dps.hawaii.gov">www.dps.hawaii.gov</a>
Halawa Correctional Facility Visitation Hotline	808-485-5298	<a href="http://www.dps.hawaii.gov">www.dps.hawaii.gov</a>
Halawa Correctional Facility, Mental Health Office	808-485-5191	<a href="http://www.dps.hawaii.gov">www.dps.hawaii.gov</a>
Oahu Community Correctional Center	808-832-1777	<a href="http://www.dps.hawaii.gov">www.dps.hawaii.gov</a>
Oahu Community Correctional Center Visitation Hotline	808-832-1623	<a href="http://www.dps.hawaii.gov">www.dps.hawaii.gov</a>
Oahu Community Correctional Center, Mental Health Office	808-832-1683	<a href="http://www.dps.hawaii.gov">www.dps.hawaii.gov</a>
Waiawa Correctional Facility Visitation Information	808-677-6150	<a href="http://www.dps.hawaii.gov">www.dps.hawaii.gov</a>
Women's Correctional Center Visitation Hotline	808-266-9580	<a href="http://www.dps.hawaii.gov">www.dps.hawaii.gov</a>
Women's Community Correctional Center, Mental Health Office	808-266-9844	<a href="http://www.dps.hawaii.gov">www.dps.hawaii.gov</a>

**KAUAI**

Kauai Community Correctional Center	808-241-3050, Ext.34	<a href="http://www.dps.hawaii.gov">www.dps.hawaii.gov</a>
Kauai Community Correctional Center, Mental Health Office	808-241-3061	<a href="http://www.dps.hawaii.gov">www.dps.hawaii.gov</a>

**HAWAII**

Hawai'i Community Correctional Center Visitor Information	808-933-0431	<a href="http://www.dps.hawaii.gov">www.dps.hawaii.gov</a>
Hawaii Community Correctional Center, Mental Health Office	808-933-0520	<a href="http://www.dps.hawaii.gov">www.dps.hawaii.gov</a>

**MAUI**

Maui Community Correctional Center Visitation Information	808-243-5101	<a href="http://www.dps.hawaii.gov">www.dps.hawaii.gov</a>
Maui Community Correctional Center, Mental Health Office	808-243-1244	<a href="http://www.dps.hawaii.gov">www.dps.hawaii.gov</a>

**MOLOKAI**

Moloka'i Police Station	808-553-5355	<a href="http://www.mauicounty.gov/Facilities/Facility/Details/Molokai-Police-Station-95">www.mauicounty.gov/Facilities/Facility/Details/Molokai-Police-Station-95</a>
-------------------------	--------------	--

**LANA'I**

Lāna'i Police Station	808-565-6428	<a href="http://www.mauicounty.gov/Facilities/Facility/Details/Lanai-Police-Station-92">www.mauicounty.gov/Facilities/Facility/Details/Lanai-Police-Station-92</a>
-----------------------	--------------	--

## Job Training & Placement

---

### O'AHU

Institute for Human Services (I.H.S.), Hele2Work	808-447-2844	ihshawaii.org/what-we-do/employment-services
Lanakila Pacific	808-531-0555	www.lanakilapacific.org
Network Enterprises, Inc.	808-521-7774	www.networkenterprises.org
PACT-Parents And Children Together Economic Development Center	808-842-7093	www.pacthawaii.org
State Vocational Rehabilitation Office, Honolulu	808-586-4824	humanservices.hawaii.gov/vr
State Vocational Rehabilitation Office, Kapolei	808-692-8604	humanservices.hawaii.gov/vr
Winners at Work	808-532-2100	www.abilitiesunlimitedhi.org
<b>KAUA'I</b>		
Goodwill Hawaii	808-443-5870	www.higoodwill.org
State Vocational Rehabilitation Office, Lihue	808-274-3333	humanservices.hawaii.gov/vr
<b>HAWAI'I</b>		
Hawai'i County Economic Opportunity Council	808-961-2681, Ext.400	hceoc.net
Goodwill Hawaii	808-443-5870	www.higoodwill.org
State Vocational Rehabilitation Office, Hilo	808-974-6444	humanservices.hawaii.gov/vr
State Vocational Rehabilitation Office, Kona	808-323-0025	humanservices.hawaii.gov/vr
<b>MAUI</b>		
Arc of Maui County	808-242-5781	www.arcofmaui.org
Ka Lima O Maui	808-244-5502	www.kalimaomaui.org
Maui Economic Opportunity (MEO) Senior Community Service Employment Program (SCSEP)	808-249-2970	www.meoinc.org/content/53278af4a686d/SCSEP.html
State Vocational Rehabilitation Office, Maui County	808-984-8350	humanservices.hawaii.gov/vr
<b>MOLOKA'I</b>		
Arc of Maui County - Moloka'i	808-558-0408	arcofmaui.org
Moloka'i Occupational Center	808-553-3266	www.mocmolokai.com
State Vocational Rehabilitation Office, Moloka'i	808-553-3621	humanservices.hawaii.gov/vr

## Legal Services

---

### O'AHU

Hawai'i Civil Rights Commission	808-586-8636	labor.hawaii.gov/hcrc
Hawai'i Disability Rights Center	808-949-2922: 800-882-1057	www.hawaiidisabilityrights.org
Legal Aid Society of Hawaii	808-536-4302	www.legalaidhawaii.org
Maximum Legal Services Corp. (Trust and Conservatorships for disabled and minors)	808-585-0920	www.maxlegalservices.org
Office of the Public Defender, Appeals	808-586-2080	publicdefender.hawaii.gov
Office of the Public Defender, District	808-586-2100	publicdefender.hawaii.gov

Office of the Public Defender, Family	808-586-2300	publicdefender.hawaii.gov
Office of the Public Defender, Felony	808-586-2200	publicdefender.hawaii.gov
Volunteer Legal Services of Hawai‘i	808-528-7046	www.vlsh.org
<b>KAUA‘I</b>		
Hawai‘i Disabilities Rights Center	800-882-1057	www.hawaiidisabilityrights.org
Office of the Public Defender	808-241-7128	publicdefender.hawaii.gov
Volunteer Legal Services of Hawai‘i	808-698-8210	www.vlsh.org
<b>HAWAI‘I</b>		
Hawai‘i Disabilities Rights Center	800-882-1057	www.hawaiidisabilityrights.org
Ku‘ikahi Mediation Center	808-935-7844	www.hawaiimediation.org
Legal Aid Society of Hawaii	800-499-4302	www.legalaidhawaii.org
Office of the Public Defender, Hilo Office	808-974-4571	publicdefender.hawaii.gov
Office of the Public Defender, Kona Office	808-322-1945	publicdefender.hawaii.gov
Volunteer Legal Services of Hawai‘i	808-313-8210	www.vlsh.org
West Hawai‘i Mediation Services	808-885-5525; 808-326-2666	www.whmediation.org
<b>MAUI</b>		
Hawai‘i Disabilities Rights Center	800-882-1057	www.hawaiidisabilityrights.org
Legal Aid Society of Hawaii	800-499-4302	www.legalaidhawaii.org
Maui Mediation Services	808-244-5744	www.mauimediation.org
Office of the Public Defender	808-984-5018	publicdefender.hawaii.gov
Volunteer Legal Services of Hawai‘i	808-727-8210	www.vlsh.org
<b>MOLOKA‘I</b>		
Hawai‘i Disabilities Rights Center	800-882-1057	www.hawaiidisabilityrights.org
Legal Aid Society of Hawaii	800-499-4302	www.legalaidhawaii.org
Office of the Public Defender	808-553-1100	publicdefender.hawaii.gov
<b>LĀNA‘I</b>		
Hawai‘i Disabilities Rights Center	800-882-1057	www.hawaiidisabilityrights.org
Legal Aid Society of Hawaii	800-499-4302	www.legalaidhawaii.org

## **Lesbian/Gay/Bisexual/Transgender**

---

<b>O‘AHU</b>		
Da Moms	808-383-2111	ocsjosie@hotmail.com
The Lavender Clinic	808-445-5392	www.lavenderclinichawaii.com
LGBTQ Center - Waikiki	808-369-2000	hawaiilgbtlegacyfoundation.com/lgbt-center-in-waikiki
Hawai‘i Health & Harm Reduction Center	808-521-2437	www.hhhrc.org
PFLAG O‘ahu	808-672-9050	www.pflag.org
Planned Parenthood of Hawaii - Understanding Sexual Orientation and Gender	808-589-1149	www.plannedparenthood.org/learn/sexual-orientation-gender
The Trevor Project	866-488-7386	www.thetrevorproject.org

University of Hawai'i LGBT Student Services	808-956-9250	<a href="http://www.manoa.hawaii.edu/lgbt/index.html">www.manoa.hawaii.edu/lgbt/index.html</a>
Waikiki Health Center - Youth Outreach (YO!)	808-942-5858	<a href="http://waikikihc.org/locations/youth-outreach-drop-in-center-and-teen-clinic">waikikihc.org/locations/youth-outreach-drop-in-center-and-teen-clinic</a>
<b>KAUA'I</b>		
PFLAG Kaua'i	808-634-0127	<a href="mailto:pflagkauai@gmail.com">pflagkauai@gmail.com</a>
YWCA of Kauai	808-245-5959 Ext. 256	<a href="http://ywcakauai.org/lgbtq-services">ywcakauai.org/lgbtq-services</a>
<b>HAWAI'I</b>		
PFLAG Kona/Big Island	808-895-2803	<a href="mailto:pflagkonabigisland@gmail.com">pflagkonabigisland@gmail.com</a>
<b>MAUI</b>		
Maui Aids Foundation - Empower'd Support Group	808-242-4900 Ext. 229	<a href="http://www.maui aids.org">www.maui aids.org</a>

## Marriage & Family Services

---

<b>O'AHU</b>		
Catholic Charities Hawai'i	808-527-4470	<a href="http://www.catholiccharitieshawaii.org">www.catholiccharitieshawaii.org</a>
Child and Family Service	808-681-3500	<a href="http://www.childandfamilyservice.org">www.childandfamilyservice.org</a>
Samaritan Counseling Center Hawaii	808-545-2740	<a href="http://www.samaritancounselingcenterhawaii.org">www.samaritancounselingcenterhawaii.org</a>
<b>KAUA'I</b>		
Child and Family Service - Kaua'i	808-245-5914	<a href="http://www.childandfamilyservice.org">www.childandfamilyservice.org</a>
<b>HAWAI'I</b>		
Child and Family Service – East Hawai'i Island	808-935-2188	<a href="http://www.childandfamilyservice.org">www.childandfamilyservice.org</a>
Child and Family Service – West Hawai'i Island	808-323-2644	<a href="http://www.childandfamilyservice.org">www.childandfamilyservice.org</a>
<b>MAUI</b>		
Child and Family Service – Maui County	808-877-6888	<a href="http://www.childandfamilyservice.org">www.childandfamilyservice.org</a>

## Mediation Services

---

<b>O'AHU</b>		
Mediation Center of the Pacific	808-521-6767	<a href="http://www.mediatehawaii.org">www.mediatehawaii.org</a>
<b>HAWAI'I</b>		
Ku'ikahi Mediation Center	808-935-7844	<a href="http://www.hawaiimediation.org">www.hawaiimediation.org</a>
West Hawai'i Mediation Services	808-885-5525	<a href="http://www.whmediation.org">www.whmediation.org</a>
<b>MAUI</b>		
Mediation Services of Maui	808-244-5744	<a href="http://www.mauimediation.org">www.mauimediation.org</a>

## Military Mental Health Services

---

<b>O'AHU</b>		
Adolescent Substance Abuse Counseling Service	808-305-9000	<a href="http://www.wheelm.k12.hi.us/parents/parents/asacs.html">www.wheelm.k12.hi.us/parents/parents/asacs.html</a>
Army Substance Abuse Program, Schofield Barracks	808-655-6048	

DSTRESS Help Line (Marine Corps and Vets)	877-476-7734	<a href="http://www.usmc-mccs.org/services/support/dstress-line/">www.usmc-mccs.org/services/support/dstress-line/</a>
Military One Source	800-342-9647	<a href="http://www.militaryonesource.mil/web/mos">www.militaryonesource.mil/web/mos</a>
National Call Center for Homeless Veterans	877-424-3838	<a href="http://www.va.gov/HOMELESS/">www.va.gov/HOMELESS/</a>
Honolulu Vet Center	808-973-8387	<a href="http://www.vetcenter.va.gov">www.vetcenter.va.gov</a>
Spark M. Matsunaga VA Medical Center	808-433-0600	<a href="http://www.hawaii.va.gov">www.hawaii.va.gov</a>
Veterans Crisis Line (Suicide Prevention Counseling)	800-273-8255 Ext. 1	<a href="http://www.veteranscrisisline.net">www.veteranscrisisline.net</a>
Western Oahu Vet Center	808-674-2414	<a href="http://www.vetcenter.va.gov">www.vetcenter.va.gov</a>
<b>KAUA'I</b>		
Kaua'i Vet Center	808-246-1163	<a href="http://www.vetcenter.va.gov">www.vetcenter.va.gov</a>
<b>HAWAI'I</b>		
Kailua-Kona Vet Center	808-329-0574	<a href="http://www.vetcenter.va.gov">www.vetcenter.va.gov</a>
Hilo Vet Center	808-969-3833	<a href="http://www.vetcenter.va.gov">www.vetcenter.va.gov</a>
<b>MAUI</b>		
Maui Vet Center	808-242-8557	<a href="http://www.vetcenter.va.gov">www.vetcenter.va.gov</a>

## Professional Organizations

---

### O'AHU

American Association for Marriage & Family Therapy: Hawaii Division	808-282-1861	<a href="http://www.hiamft.org">www.hiamft.org</a>
Hawai'i Nurses Association	808-531-1628	<a href="http://www.hawaiinurses.org">www.hawaiinurses.org</a>
Hawai'i Psychiatric Medical Association	808-536-7705	<a href="http://www.hawaiipsychiatry.org">www.hawaiipsychiatry.org</a>
Hawai'i Psychological Association	808-521-8995	<a href="http://www.hawaiipsychology.org">www.hawaiipsychology.org</a>

## Rent Assistance

---

### O'AHU

Catholic Charities Hawai'i	808-521-4357	<a href="http://www.catholiccharitieshawaii.org">www.catholiccharitieshawaii.org</a>
Helping Hands Hawaii - Emergency Assistance Program	808-440-3835	<a href="http://helpinghandshawaii.org/programs/emergency-assistance-program">helpinghandshawaii.org/programs/emergency-assistance-program</a>
Helping Hands Hawaii - Emergency Assistance Program Punawai Program for Native Hawaiians	808-440-3804	<a href="http://helpinghandshawaii.org/programs/emergency-assistance-program/punawai-program">helpinghandshawaii.org/programs/emergency-assistance-program/punawai-program</a>
Institute for Human Services (I.H.S.)	808-447-2800	<a href="http://www.ihshawaii.org">www.ihshawaii.org</a>
The Salvation Army	808-841-5565	<a href="http://hawaii.salvationarmy.org/hawaii/fsos">hawaii.salvationarmy.org/hawaii/fsos</a>

### HAWAI'I

Catholic Charities Hawai'i	808-961-7050	<a href="http://www.catholiccharitieshawaii.org">www.catholiccharitieshawaii.org</a>
Hope Services Hawaii, Inc.	808-935-3050	<a href="http://www.hopeserviceshawaii.org">www.hopeserviceshawaii.org</a>

### KAUA'I

Catholic Charities Hawai'i	808-241-4673	<a href="http://www.catholiccharitieshawaii.org">www.catholiccharitieshawaii.org</a>
----------------------------	--------------	--

### MAUI

Catholic Charities Hawai'i	808-873-4673	<a href="http://www.catholiccharitieshawaii.org">www.catholiccharitieshawaii.org</a>
----------------------------	--------------	--

Hale Mahaolu	808-872-4100	<a href="http://halemahaolu.org">halemahaolu.org</a>
Maui Economic Opportunity (MEO) Rental Assistance Program	808-249-2970	<a href="http://www.meoinc.org">www.meoinc.org</a>

## **Residential Treatment, Supportive Housing, Group Homes: Adults**

---

### **O'AHU**

CARE Hawai'i, Inc.	808-533-3936	<a href="http://www.carehawaii.com">www.carehawaii.com</a>
Catholic Charities Hawai'i	808-521-4357	<a href="http://www.catholiccharitieshawaii.org">www.catholiccharitieshawaii.org</a>
Hina Mauka	808-236-2600	<a href="http://www.hinamauka.org">www.hinamauka.org</a>
Kahumana Residential Special Treatment Facility	808-696-6699	<a href="http://www.kahumana.org">www.kahumana.org</a>
Mental Health Kokua	808-737-2523	<a href="http://www.mentalhealthkokua.org">www.mentalhealthkokua.org</a>
Po'ailani	808-263-3500	<a href="http://www.poailani.org">www.poailani.org</a>
Safe Haven for Homeless Mentally Ill	808-524-7233	<a href="http://www.mentalhealthkokua.org">www.mentalhealthkokua.org</a>
Sand Island	808-841-2319	<a href="http://www.sandisland.com">www.sandisland.com</a>
Steadfast Housing	808-533-0449	<a href="http://www.steadfast-hawaii.org">www.steadfast-hawaii.org</a>
Wai'anae Coast Community Health Center (Hale Na'au Pono)	808-696-4211	<a href="http://www.wccmh.org">www.wccmh.org</a>

### **KAUA'I**

Mental Health Kokua	808-632-0466	<a href="http://www.mentalhealthkokua.org">www.mentalhealthkokua.org</a>
Steadfast Housing	808-533-0449	<a href="http://www.steadfast-hawaii.org">www.steadfast-hawaii.org</a>

### **HAWAII'**

Mental Health Kokua – Hilo	808-935-7167	<a href="http://www.mentalhealthkokua.org">www.mentalhealthkokua.org</a>
Mental Health Kokua – Kona	808-331-1468	<a href="http://www.mentalhealthkokua.org">www.mentalhealthkokua.org</a>
Steadfast Housing – Hilo	808-935-9600	<a href="http://www.steadfast-hawaii.org">www.steadfast-hawaii.org</a>

### **MAUI**

Mental Health Kokua	808-244-7405	<a href="http://www.mentalhealthkokua.org">www.mentalhealthkokua.org</a>
Steadfast Housing	808-244-0885	<a href="http://www.steadfast-hawaii.org">www.steadfast-hawaii.org</a>

## **Residential Treatment Programs: Children and Teens**

---

### **O'AHU**

CARE Hawai'i, Inc. (Crisis Residential) – Kaneohe	808-234-5825	<a href="http://www.carehawaii.com">www.carehawaii.com</a>
Catholic Charities Hawai'i	808-521-4357	<a href="http://www.catholiccharitieshawaii.org">www.catholiccharitieshawaii.org</a>
Child and Family Service	808-543-8494	<a href="http://www.childandfamilyservice.org">www.childandfamilyservice.org</a>
Hale Kipa	808-589-1829	<a href="http://www.halekipa.org">www.halekipa.org</a>

### **KAUA'I**

Hale Opio Kaua'i	808-245-2873	<a href="http://www.haleopio.org">www.haleopio.org</a>
------------------	--------------	--

### **HAWAII'**

Child and Family Service	808-935-2188	<a href="http://www.childandfamilyservice.org">www.childandfamilyservice.org</a>
--------------------------	--------------	--

### **MAUI**

The Maui Farm	808-579-8271	<a href="http://www.themauifarm.org">www.themauifarm.org</a>
---------------	--------------	--

## **Respite Services: Families, Children/Youth, and Adults**

---

**O'AHU**

Time-Out from parenting for families under stress (PACT)	808-847-3285	<a href="http://www.pacthawaii.org">www.pacthawaii.org</a>
<b>MAUI</b>		
ARC of Maui County	808-242-5781	<a href="http://www.arcofmaui.org">www.arcofmaui.org</a>

Mental Health Kokua

808-244-7405

[www.mentalhealthkokua.org](http://www.mentalhealthkokua.org)

## **Senior Caregiver Support Services**

---

**O'AHU**

Alzheimer's Association	800-272-3900	<a href="http://www.alz.org/hawaii">www.alz.org/hawaii</a>
Adventist Health Home Care Services	808-263-5077	<a href="http://www.adventisthealth.org/homecare/pages/locations/oahu.aspx">www.adventisthealth.org/homecare/pages/locations/oahu.aspx</a>
Castle Professional Center		
Central Oahu Caregiver Support Group	808-625-3782	
Child and Family Services Gerontology Program	808-543-8468	<a href="http://www.childandfamilyservice.org">www.childandfamilyservice.org</a>
Project Dana	808-945-3736	<a href="http://www.projectdana.org">www.projectdana.org</a>
VA Caregivers Support Group	808-566-8380	
Statewide: State Long-Term Care Ombudsman (Investigation of nursing home complaints on O'ahu)	808-586-7268	<a href="http://health.hawaii.gov/hoa/home/long-term-care-ombudsman-program">health.hawaii.gov/hoa/home/long-term-care-ombudsman-program</a>

**KAUA'I**

Adult Protective Services	808-241-3337	
Kaua'i Agency on Elderly Affairs	808-241-4470	<a href="http://www.kauai.gov/elderly">www.kauai.gov/elderly</a>
Statewide: State Long-Term Care Ombudsman (Investigation of nursing home complaints on O'ahu)	808-586-7268	<a href="http://health.hawaii.gov/hoa/home/long-term-care-ombudsman-program">health.hawaii.gov/hoa/home/long-term-care-ombudsman-program</a>

**HAWAI'I**

Elderly Affairs	808-768-7700	<a href="http://www.elderlyaffairs.com">www.elderlyaffairs.com</a>
Hawai'i Adult Protective Services – Hilo	808-933-8820	<a href="http://humanservices.hawaii.gov/ssd/home/adult-services">humanservices.hawaii.gov/ssd/home/adult-services</a>
Hawai'i Adult Protective Services – Kona	808-327-6280	<a href="http://humanservices.hawaii.gov/ssd/home/adult-services">humanservices.hawaii.gov/ssd/home/adult-services</a>
Hawai'i County Area Office on Aging – Hilo	808-961-8626	<a href="http://www.hcoahawaii.org/site/363/contact_us.aspx">www.hcoahawaii.org/site/363/contact_us.aspx</a>
Hawai'i County Area Office on Aging – Kona	808-323-4390	<a href="http://www.hcoahawaii.org/site/363/contact_us.aspx">www.hcoahawaii.org/site/363/contact_us.aspx</a>

**MAUI**

Maui County Office on Aging and Aging & Disability Resource Center	808-270-7774	<a href="https://mauicountyadrc.org/">https://mauicountyadrc.org/</a>
Maui Adult Day Care Center	808-871-5804	<a href="http://madcc.org/">http://madcc.org/</a>

## Senior Services

---

### O'AHU

Catholic Charities Hawai'i	808-527-4777	<a href="http://www.catholiccharitieshawaii.org/programs-services/seniors">www.catholiccharitieshawaii.org/programs-services/seniors</a>
AARP Hawai'i	808-545-6024	<a href="http://states.aarp.org/region/hawaii">states.aarp.org/region/hawaii</a>
Adult Protective Services (Abuse)	808-832-5115	<a href="http://humanservices.hawaii.gov/ssd/home/adult-services">humanservices.hawaii.gov/ssd/home/adult-services</a>
Alzheimer's Association Help Line	800-272-3900	<a href="http://www.alz.org/hawaii">www.alz.org/hawaii</a>
Executive Office on Aging	808-586-0100	<a href="http://www.health.hawaii.gov/eoa">www.health.hawaii.gov/eoa</a>
Sage Plus (SHIP Helpline)	808-586-7299	<a href="https://www.caregiver.org/sage-plus-state-health-insurance-counseling-program">https://www.caregiver.org/sage-plus-state-health-insurance-counseling-program</a>
Senior Help Line (Elderly Affairs Division)	808-768-7700	<a href="http://www.elderlyaffairs.com">www.elderlyaffairs.com</a>
SMP Hawai'i - Protecting Seniors, their families and caregivers from healthcare and financial fraud	808-586-7281	<a href="http://smphawaii.org">smphawaii.org</a>
Social Security Administration	800-772-1213	<a href="http://www.ssa.gov">www.ssa.gov</a>
Statewide: State Long-Term Care Ombudsman (Investigation of nursing home complaints)	808-586-7268	<a href="http://health.hawaii.gov/eoa/home/long-term-care-ombudsman-program">health.hawaii.gov/eoa/home/long-term-care-ombudsman-program</a>
University of Hawai'i Elder Law Program	808-956-6544	<a href="http://www.hawaii.edu/uhelp">www.hawaii.edu/uhelp</a>
<b>KAUA'I</b>		
Adult Protective Services	808-241-3337	
Kaua'i Agency on Elderly Affairs	808-241-4470	<a href="http://www.kauai.gov/elderly">www.kauai.gov/elderly</a>
SMP Hawai'i - Protecting Seniors, their families and caregivers from healthcare and financial fraud	800-296-9422	<a href="http://smphawaii.org">smphawaii.org</a>
Statewide: State Long-Term Care Ombudsman (Investigation of long term care complaints)	808-586-7268	<a href="http://health.hawaii.gov/eoa/home/long-term-care-ombudsman-program/">health.hawaii.gov/eoa/home/long-term-care-ombudsman-program/</a>
<b>HAWAII</b>		
Elderly Affairs Division	808-768-7700	<a href="http://www.elderlyaffairs.com">www.elderlyaffairs.com</a>
Hawai'i Adult Protective Services - Hilo	808-933-8820	<a href="http://humanservices.hawaii.gov/ssd/home/adult-services">humanservices.hawaii.gov/ssd/home/adult-services</a>
Hawai'i Adult Protective Services - Kona	808-327-6280	<a href="http://humanservices.hawaii.gov/ssd/home/adult-services">humanservices.hawaii.gov/ssd/home/adult-services</a>
Hawai'i County Area Office on Aging - Hilo	808-961-8626	<a href="http://www.hcoahawaii.org">www.hcoahawaii.org</a>
Hawai'i County Area Office on Aging -Kona	808-323-4390	<a href="http://www.hcoahawaii.org">www.hcoahawaii.org</a>
SMP Hawai'i - Protecting Seniors, their families and caregivers from healthcare and financial fraud	800-296-9422	<a href="http://smphawaii.org">smphawaii.org</a>
Statewide: State Long-Term Care Ombudsman (Investigation of long term care complaints)	808-586-7268	<a href="http://health.hawaii.gov/eoa/home/long-term-care-ombudsman-program">health.hawaii.gov/eoa/home/long-term-care-ombudsman-program</a>
<b>MAUI</b>		
Adult Protective Services	808-243-5151	<a href="http://humanservices.hawaii.gov/ssd/home/adult-services">humanservices.hawaii.gov/ssd/home/adult-services</a>
Hana Senior Center	808-248-8833	

Maui County Office on Aging and Aging & Disability Resource Center	808-270-7774	<a href="http://mauicountyadrc.org">mauicountyadrc.org</a>
Statewide: State Long-Term Care Ombudsman (Investigation of long term care complaints)	808-586-7268	<a href="http://health.hawaii.gov/hoa/home/long-term-care-ombudsman-program">health.hawaii.gov/hoa/home/long-term-care-ombudsman-program</a>
<b>MOLOKA'I</b>		
Maui County Office on Aging- Moloka'i	808-553-5241	
Statewide: State Long-Term Care Ombudsman (Investigation of long term care complaints)	808-586-7268	<a href="http://health.hawaii.gov/hoa/home/long-term-care-ombudsman-program">health.hawaii.gov/hoa/home/long-term-care-ombudsman-program</a>
<b>LĀNA'I</b>		
Lāna'i Senior Citizens Center	808-565-6282	
Maui County Office on Aging - Lāna'i	808-565-6818	
Statewide: State Long-Term Care Ombudsman (Investigation of long term care complaints)	808-586-7268	<a href="http://health.hawaii.gov/hoa/home/long-term-care-ombudsman-program">health.hawaii.gov/hoa/home/long-term-care-ombudsman-program</a>

## Sex Abuse Treatment: Offenders

---

### O'AHU

Catholic Charities Hawai'i	808-527-4470	<a href="http://www.catholiccharitieshawaii.org">www.catholiccharitieshawaii.org</a>
The Community Assistance Center	808-537-2917	<a href="http://www.cachawaii.org">www.cachawaii.org</a>

## Sex Abuse Treatment: Victims

---

### O'AHU

Child & Family Service	808-543-8494	<a href="http://www.childandfamilyservice.org/programs/sats">www.childandfamilyservice.org/programs/sats</a>
Sex Abuse Treatment Center – 24 hr Hotline	808-524-7273	<a href="http://www.satchawaii.com">www.satchawaii.com</a>
The Children's Justice Center	808-534-6700	<a href="http://www.courts.state.hi.us/services/hawaii_childrens_justice_centers/oahu">www.courts.state.hi.us/services/hawaii_childrens_justice_centers/oahu</a>

### KAUA'I

Sex Assault Crisis Line	808-245-4144	<a href="http://www.ywcakauai.org">www.ywcakauai.org</a>
-------------------------	--------------	--

### MAUI

Child & Family Service	808-877-6888	<a href="http://www.childandfamilyservice.org/programs/sats">www.childandfamilyservice.org/programs/sats</a>
Sexual Assault Support Service, 24 hour crisis hotline	808-873-8624	<a href="http://www.childandfamilyservice.org">www.childandfamilyservice.org</a>

### HAWA'I

Child & Family Service - West Hawaii	808-323-2664	<a href="http://www.childandfamilyservice.org/programs/sats">www.childandfamilyservice.org/programs/sats</a>
Child & Family Service - East Hawaii	808-935-2188	<a href="http://www.childandfamilyservice.org/programs/sats">www.childandfamilyservice.org/programs/sats</a>
Sexual Assault Support Services Crisis Line	808-935-0677	<a href="http://www.ywcahawaiisland.org">www.ywcahawaiisland.org</a>

### LĀNA'I

Lāna'i Sex Assault Crisis Line 24-Hr	866-443-5702	<a href="http://www.childandfamilyservice.org">www.childandfamilyservice.org</a>
--------------------------------------	--------------	--

## **Sliding Scale Fee Agencies**

---

### **O'AHU**

Catholic Charities Hawai'i	808-527-4470	<a href="http://www.catholiccharitieshawaii.org">www.catholiccharitieshawaii.org</a>
Child and Family Service	808-681-3500	<a href="http://www.childandfamilyservice.org">www.childandfamilyservice.org</a>
Samaritan Counseling Center Hawaii	808-545-2740	<a href="http://www.samaritancounselingcenterhawaii.org">www.samaritancounselingcenterhawaii.org</a>

### **KAUA'I**

Child and Family Service	808-245-5914	<a href="http://www.childandfamilyservice.org">www.childandfamilyservice.org</a>
--------------------------	--------------	--

## **Substance Abuse Services: see Alcohol and Drug Abuse**

---

## **Support Groups: Consumers**

---

### **O'AHU**

Alcoholics Anonymous Oahu Intergroup	808-946-1438	<a href="http://www.oahucentraloffice.org">www.oahucentraloffice.org</a>
Alzheimer's Association Aloha Chapter	808-591-2771	<a href="http://www.alz.org/hawaii">www.alz.org/hawaii</a>
Narcotics Anonymous (NA) Hawai'i	808-734-4357	<a href="http://www.na-hawaii.org">www.na-hawaii.org</a>
Obsessive-Compulsive Disorder Support	808-261-6987	
United Self-Help "warm line" & support groups	808-947-5558	<a href="http://unitedselfhelp.org/find-support/support-groups">unitedselfhelp.org/find-support/support-groups</a>

### **KAUA'I**

Alcoholics Anonymous on Kauai	808-245-6677	<a href="http://www.kauaiaa.org">www.kauaiaa.org</a>
Narcotics Anonymous (NA) Hawai'i	808-212-0114	<a href="http://www.na-hawaii.org">www.na-hawaii.org</a>
United Self-Help "warm line" & support groups	808-947-5558	<a href="http://unitedselfhelp.org/find-support/support-groups">unitedselfhelp.org/find-support/support-groups</a>

### **HAWAI'I**

East Hawaii Intergroup of Alcoholics Anonymous (AA)	808-961-6133	<a href="http://www.easthawaiiaa.org">www.easthawaiiaa.org</a>
Narcotics Anonymous (NA) Hawai'i	808-769-6016	<a href="http://www.na-hawaii.org">www.na-hawaii.org</a>
United Self-Help "warm line" & support groups	808-947-5558	<a href="http://unitedselfhelp.org/find-support/support-groups">unitedselfhelp.org/find-support/support-groups</a>
West Hawaii Alcoholics Anonymous (AA)	808-329-1212	<a href="http://www.westhawaiiaa.org">www.westhawaiiaa.org</a>

### **MAUI**

Alcoholics Anonymous on Maui	808-244-9673	<a href="http://www.aamaui.org">www.aamaui.org</a>
Narcotics Anonymous (NA) Hawai'i	808-214-1239	<a href="http://www.na-hawaii.org">www.na-hawaii.org</a>
United Self-Help "warm line" & support groups	808-947-5558	<a href="http://unitedselfhelp.org/find-support/support-groups">unitedselfhelp.org/find-support/support-groups</a>
Maui Adult Day Care Center	808-871-5804	<a href="http://madcc.org">madcc.org</a>

## **Support Groups: Family**

---

### **O'AHU**

Al-Anon Family Groups Hawaii	808-546-5647	<a href="http://al-anonhawaii.org">al-anonhawaii.org</a>
------------------------------	--------------	--

Alzheimer's Association	808-591-2771; 800-272-3900	<a href="http://www.alz.org/hawaii">www.alz.org/hawaii</a>
Hawai'i Families As Allies (parents of children with behavioral disorders)	808-682-1511	<a href="http://www.hifamilies.org">www.hifamilies.org</a>
NAMI - National Alliance on Mental Illness	808-591-1297	<a href="http://www.namihawaii.org">www.namihawaii.org</a>
NAR-ANON (Narcotics Anonymous)	808-247-3191	<a href="http://www.nar-anon.org">www.nar-anon.org</a>
P.A.R.E.N.T.S. Inc.	808-235-0255	<a href="http://www.hawaiiparents.org">www.hawaiiparents.org</a>
<b>KAUA'I</b>		
Al-Anon Family Groups Hawaii	888-669-5523	<a href="http://al-anonhawaii.org">al-anonhawaii.org</a>
Hawai'i Families As Allies	808-682-1511	<a href="http://www.hifamilies.org">www.hifamilies.org</a>
<b>HAWAII'</b>		
Al-Anon Family Groups Hawaii	808-935-0971	<a href="http://www.al-anon.alateen.org">www.al-anon.alateen.org</a>
Hawai'i Families As Allies	808-682-1511	<a href="http://www.hifamilies.org">www.hifamilies.org</a>
NAR-ANON (Narcotics Anonymous)	808-247-3191	<a href="http://www.nar-anon.org">www.nar-anon.org</a>
P.A.R.E.N.T.S. Inc.	808-934-9552	<a href="http://www.hawaiiparents.org">www.hawaiiparents.org</a>
<b>MAUI</b>		
Al-Anon Family Groups Hawaii	808-242-0296	<a href="http://al-anonhawaii.org">al-anonhawaii.org</a>
Alzheimer's Association	808-242-8636	<a href="http://www.alz.org/hawaii">www.alz.org/hawaii</a>
NAR-ANON (Narcotics Anonymous)	808-247-3191	<a href="http://www.nar-anon.org">www.nar-anon.org</a>

## Suicide Crisis

O'AHU

The Crisis Line of Hawaii – 24 Hour Hotline 808-832-3100

# NEIGHBOR ISLANDS

The Crisis Line of Hawaii – 24 Hour Hotline 800-753-6879

National Suicide Prevention Lifeline 800-273-8255 www.suicidepreventionlifeline.org

# Suicide Prevention

STATEWIDE PREVENT SUICIDE HAWAII TASKFORCE

Suicide Prevention Coordinator, Department of Health 808-733-9238 nancy.deeley@doh.hawaii.gov  
– Nancy Deeley

*Toll-free information switchboard to find any state agency phone number in Hawai'i:*

O'ahu	808-586-2211
Hawai'i	808-974-4000
Kaua'i	808-274-3141
Maui	808-984-2400

## National Mental Health Resources

American Association of Suicidology	202-237-2280	<a href="http://www.suicidology.org">www.suicidology.org</a>
American Foundation for Suicide Prevention	888-333-2377	<a href="http://www.afsp.org">www.afsp.org</a>
American Self-Help Group Clearinghouse	800-367-6274	
Anxiety and Depression Association of America	240-485-1001	<a href="http://www.adaa.org">www.adaa.org</a>
Attention Deficit Disorder Association	800-939-1019	<a href="http://www.add.org">www.add.org</a>
Autism Society of America	800-328-8476	<a href="http://www.autism-society.org">www.autism-society.org</a>
Balanced Mind Parent Network	312-642-0049	<a href="http://www.dbsalliance.org">www.dbsalliance.org</a>
Children and Adults with Attention Deficit/Hyperactivity Disorder	301-306-7070	<a href="http://www.chadd.org">www.chadd.org</a>
Depression and Bipolar Support Alliance	800-826-3632	<a href="http://www.dbsalliance.org">www.dbsalliance.org</a>
Dual Diagnosis of Oregon, Inc.	877-222-1332	<a href="http://www.ddaforegon.com">www.ddaforegon.com</a>
Federation of Families for Children's Mental Health	240-403-1901	<a href="http://www.ffcmh.org">www.ffcmh.org</a>
Freedom from Fear	718-351-1717	<a href="http://www.freedomfromfear.org">www.freedomfromfear.org</a>
Hospice Foundation	800-854-3402	<a href="http://www.hospicefoundation.org">www.hospicefoundation.org</a>
Mental Health America (National)	800-969-6642	<a href="http://www.nmha.org">www.nmha.org</a>
National Alliance on Mental Illness	800-950-6264	<a href="http://www.nami.org">www.nami.org</a>
National Institute of Mental Health	866-615-6464	<a href="http://www.nimh.nih.gov">www.nimh.nih.gov</a>
National Suicide Prevention Lifeline	800-273-8255	<a href="http://www.suicidepreventionlifeline.org">www.suicidepreventionlifeline.org</a>
Obsessive Compulsive Foundation	617-973 5801	<a href="https://iocdf.org">https://iocdf.org</a>
Postpartum Support International	800-944-4773	<a href="http://www.postpartum.net">www.postpartum.net</a>
Safe Schools Coalition	206-451-7233	<a href="http://www.safeschoolscoalition.org">www.safeschoolscoalition.org</a>
Substance Abuse and Mental Health Services Administration	877-726-4727	<a href="http://www.samhsa.gov">www.samhsa.gov</a>
The Trevor Project (24/7 LGBT crisis hotline)	866-488-7386	<a href="http://www.thetrevorproject.org">www.thetrevorproject.org</a>
TRANS Lifeline	877-565-8860	<a href="http://www.translifeline.org">www.translifeline.org</a>

## Hawai'i 24 Hour Suicide Crisis Line

### O'AHU

The Crisis Line of Hawaii – 24 Hour Hotline                    832-3100

### NEIGHBOR ISLANDS

The Crisis Line of Hawaii – 24 Hour Hotline                    1-800-753-6879

## DEPRESSION SELF-SCREENING QUESTIONNAIRE

This is a questionnaire\* used to detect depression. Depression is a common biological illness that can affect people from all walks of life—and it is treatable.

Over the last 2 weeks, how often have you been bothered by any of the following problems?

Circle the answer – the number that describes how much you were bothered by each problem.

Add the numbers to get your totals.

Add the three totals to get your total score.

Circle the answer	Not at all	Several days	More than half the days	Nearly every day
Little interest or pleasure in doing things	0	1	2	3
Feeling down, depressed, or hopeless	0	1	2	3
Trouble falling/staying asleep, sleeping too much	0	1	2	3
Feeling tired or having little energy	0	1	2	3
Poor appetite or overeating	0	1	2	3
Feeling bad about yourself – or that you are a failure or have let yourself or your family down.	0	1	2	3
Trouble concentrating on things, such as reading the newspaper or watching television.	0	1	2	3
Moving or speaking so slowly that other people could have noticed. Or the opposite – being so fidgety or restless that you have been moving around a lot more than usual.	0	1	2	3
Thoughts that you would be better off dead or of hurting yourself in some way.	0	1	2	3

Add Columns

+  +  +

TOTAL SCORE

=

What your score means:

0-4 No depression	10-14 Moderate depression	20+ Severe depression
5-9 Mild depression	15-19 Moderately severe depression	

If your score indicates you may have depression, please see your doctor or a mental health provider or call Mental Health America of Hawaii, 521-1846 (O'ahu). If you are severely depressed and would like immediate assistance, please call the Crisis Line, 832-3100 (O'ahu) or 1-800-753-6879 (Neighbor Islands), or call 911. Depression is a common and treatable illness. You deserve to feel better!

\*This questionnaire, the PHQ-9, is adapted from PRIME MD TODAY, developed by Drs Robert L. Spitzer, Janet B.W. Williams, Kurt Kroenke, et al, with an educational grant from Pfizer Inc. For research info, contact Dr. Spitzer at rls8@columbia.edu. PRIME MD TODAY is a trademark of Pfizer Inc.

**Noticeable restlessness or irritability**

**Changes in energy level and sleep patterns**

**Loss of interest or pleasure in activities**

**Feeling sad, empty, hopeless, worthless, or guilty**

# TAKE A SCREEN

[www.mentalhealthamerica.net/mental-health-screening-tools](http://www.mentalhealthamerica.net/mental-health-screening-tools)

Mental health conditions, such as depression or anxiety, are real, common and treatable. Recovery is possible.

Taking a mental health screening is one of the quickest and easiest ways to determine whether you are experiencing symptoms of a mental health condition.



If you or a friend are in need of immediate assistance, please dial:  
**911:** (Tell the call center if it is a mental health crisis)  
**1-800-273-8255:** The National Suicide Prevention Lifeline  
**1-808-832-3100:** Crisis Line of Hawaii (Oahu)  
**1-800-753-6879:** Crisis Line of Hawaii (Neighbor Islands)  
**Text ALOHA to 741-741:** Crisis Text Line



Mental Health America of Hawaii  
1136 Union Mall, Suite 510  
Honolulu, Hawaii 96813  
P 808.521.1846  
[mentalhealthhawaii.org](http://mentalhealthhawaii.org)